ReVIDA Recovery® Knoxville Explains the Signs Suboxone Dose Is Too Low

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ReVIDA Recovery® Center Knoxville, a ReVIDA Recovery® Center based in Knoxville, TN, has recently published a blog post that explains the signs the buprenorphine (Suboxone®) dose a person may be taking is too low. The article points out that the length of time that buprenorphine (Suboxone®) has an effect on the person depends on a number of factors, such as weight, metabolism, and history of substance use. And the signs that the dose may be too low depends on the reason for taking it. For instance, if it is being taken for pain and the patient is not taking any other opioids, the dose may be too low if there is still pain and it isn?t well controlled. And if it is being taken for opioid use disorder (OUD) and there are still withdrawal symptoms, the dose may be too low.

Meanwhile, a spokesperson for ReVIDA Recovery® Center in Knoxville says, ?ReVIDA Recovery® sees the need for treatment for OUD in Tennessee, which is why we offer a continuum of outpatient care. Every patient is different, but we have seen how well outpatient treatment helps those in The Volunteer State. ReVIDA Recovery® is here to help you reclaim your life from opioid use disorder. Located in Tennessee, we offer a premier network of outpatient centers with Suboxone® treatment because we understand that many patients lead busy lives and have other duties outside of recovery. Call us to start your recovery today.?

They offer outpatient treatment, which means that the person struggling with an addiction will be attending sessions at the facility, but can continue to live at home. They understand that the client may have duties outside of treatment, including attending school or working for the family. Outpatient treatment provides the patient with the time to do those important duties while also having the time to focus on treatment. Their evidence-based practices include various types of therapy, medication-assisted treatment (MAT), group recovery meetings, and education.

One of the therapies used is cognitive-behavioral therapy (CBT), which is considered to be the gold standard with regards to psychotherapy. Its goal is to identify inaccurate thinking patterns and reframe them based on reality. CBT has to do with modifying both thinking and behavioral patterns. In CBT, patients are often provided with ?homework,? which are activities that are performed outside of the therapy sessions and are based on the needs of the individual.

They also offer group therapy as part of the outpatient treatment services. This is essential because people struggling with an addiction may feel that they are alone in their difficulties. Group therapy can help in minimizing the stigma or the negative and unfair beliefs about OUD. Group sessions usually have five to 15 members and each individual will usually realize that he or she is not alone and that there are other people having the same struggles. Group therapy also provides an effective way of helping patients develop their interpersonal skills. And group therapy provides patients with a safe space where they can be themselves.

ReVIDA Recovery® Centers, a comprehensive behavioral healthcare company that incorporates medication-assisted treatment (MAT) to treat opioid use disorder, empowers each patient to reclaim their life from opioid use disorder. ReVIDA is a member of the Tennessee Association of Alcohol, Drug & other Addiction Services (TAADAS) and the National Association for Addiction Professionals (NAADAC). A committed member of the community-at-large, ReVIDA is dedicated to working with first responders, public health officials, non-profits, local law enforcement, and broader community citizens to restore health and vibrancy to the communities ReVIDA serves. With a leadership team that brings together expertise across the healthcare spectrum, ReVIDA creates the standard of excellence for behavioral healthcare in the region. For more information about ReVIDA Recovery Centers, please visit www.ReVidaRecovery.com.

Those who would like to know more about the addiction treatment services provided by ReVIDA Recovery® Center Knoxville can check out their website, or contact them on the telephone or through email.

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For more information about ReVIDA® Recovery Knoxville, contact the company here:ReVIDA® Recovery KnoxvilleTonya Shelton865-633-0353generalinfo@revidarecovery.com2001 Highland AveKnoxville, TN

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ReVIDA® Recovery Knoxville

ReVIDA® Recovery promotes safe and healthy communities by empowering individuals to reclaim their lives from opioid use disorder.

Website: https://www.revidarecovery.com/locations/knoxville/?utm_campaign=pr&utm_medium=referral

Email: generalinfo@revidarecovery.com

Phone: 865-633-0353