



## **Pinnacle Peak Recovery Detox Center Provides Information on Overdose Rates in Phx/Az Area**

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Pinnacle Peak Recovery Detox Center, an alcohol and drug rehab facility in Scottsdale, AZ, has recently released information on the overdose rates in the Phoenix, Arizona area. This is important for the loved ones of people who are struggling with an addiction. An overdose is a situation where more than the normal or recommended amount of a drug has been taken. This can result in harmful symptoms and even death. Meanwhile, opioids are some of the deadliest drugs available and are a leading cause of overdose deaths. Opioids are frequently referred to as narcotics and they include prescription pain killers and drugs purchased on the street. Examples include hydrocodone, fentanyl, oxycodone, heroin, and tramadol. It is important to note that even prescription drugs can be misused and may also result in an overdose.

For those who have loved ones who are struggling with opioid addiction, it is important to know the signs of an opioid overdose. These include: an extremely pale face that may also feel clammy to the touch; the body going limp; a purple or blue tinge of the lips or fingernails; the person is unable to talk or can't be awakened; the person begins to vomit or make gurgling noises, and heartbeat or breathing slows down or stops. According to the National Institute on Drug Abuse, there have been 1,106 opioid-related deaths in Arizona in 2018. And deaths involving synthetic opioids, mostly fentanyl, almost doubled to 522 deaths in 2018.

Meanwhile, Arizona has one alcohol-related death for every 2,146 adults over the age of 18, or 4.7 deaths for every 10,000 adults. On average, there have been 2,629 deaths related to excessive drinking of alcohol, and 70.2 percent of those deaths are male.

In terms of overall overdose rates in 2019, Arizona had 1,907 deaths due to drug overdose and about 3.22 percent of all deaths in Arizona were linked to a drug overdose. In 2019, there were 26.8 deaths for every 100,000 residents in the state. This is 29.47 percent higher than the average death rate in the US.

Phoenix is part of Maricopa County and according to the Maricopa County Public Health, there were 1,389 drug overdose deaths in the county from October 2018 to September 2019. Most of these overdose deaths were due to meth, opioids, or alcohol. In 2019, 91 percent of the overdose deaths involved more than one drug, and 92 percent were found to be accidental.

Pinnacle Peak Recovery has a comprehensive addiction treatment program designed to comply with a patient's specific needs from the start to the end of the treatment. For those who are having withdrawal symptoms and need medical care, they have a detox center ready to prioritize the patient's comfort and health in Scottsdale, Arizona. Pinnacle Peak Recovery also provides inpatient rehab for alcohol, benzodiazepines, Adderall, heroin, marijuana, cocaine, and meth. They also provide medication-assisted treatment (MAT) to assist in the treatment of opioid addiction.

And finally, they also offer outpatient programming to continue the care for the patient. Pinnacle Peak Recovery employs several different treatment methods to meet the specific requirements of every patient, such as dual diagnosis treatment for both addiction and mental health needs, equine therapy, dialectical behavior therapy (DBT), fitness therapy, holistic therapy, experiential therapy, meditation, therapeutic recreation, individual therapy, and yoga therapy.

Launched in 2015, Pinnacle Peak Recovery has an inpatient and intensive outpatient treatment facility in Scottsdale, Arizona, that provides nationally recognized, evidence-based treatment alternatives for drug and alcohol addiction. They always apply a holistic and extensive approach to assist people in overcoming their addiction and co-occurring mental health issues in a confidential, safe, and supportive environment. At Pinnacle Peak Recovery, they always consider addiction and mental health as two interrelated issues. This is why they utilize a dual diagnosis treatment strategy for taking care of both the addiction and mental health needs of the patient.

Those who would like to know more about the drug and alcohol rehab services provided by Pinnacle Peak Recovery Detox Center can go to their website, or contact them on the telephone or through email. They can

be contacted 24 hours a day, from Sunday to Saturday.

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For more information about Pinnacle Peak Recovery Detox Center, contact the company here: Pinnacle Peak Recovery Detox Center Tyler Tisdale 480-660-3974 info@pinnaclepeakrecovery.com 6145 E Shea Blvd Scottsdale, AZ, 85254

## **Pinnacle Peak Recovery Detox Center**

*From drug or alcohol detox through recovery, Pinnacle Peak Recovery's family of licensed medical and behavioral professionals believe healing is possible for you, our client family.*

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