True Potential Chiropractic Specializes in Family Care Chiropractor Services in Beaverton

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True Potential Chiropractic, a clinic in Beaverton, OR, that offers the services of a family care chiropractor Beaverton residents can rely on, wants to emphasize that family care is their specialty. Meanwhile, the quality of their services has been attested by former patients. For instance, they currently have an overall rating of 5.0 stars and in one of their most recent five star reviews, Jon A. said, ?One of the best chiropractor/sports medicine professionals I?ve worked with. He was very honest and accommodating with everything that needed to be done. I was dealing with shoulder issues and he helped create a plan and provided so much relief from the get-go. Can?t recommend him enough!?

Of special mention for their family care chiropractic services are the services they provide to children and pregnant women. Dr. Bryen Bell, the chiropractor who heads True Potential Chiropractic, says, ?Alignment is a law of the body and a healthy spine is an important factor in a developing child. As we grow up, we are all subjected to physical stress, falls and accidents and daily cumulative trauma such as sleeping incorrectly, heavy backpacks, rough play or poor posture such as "text neck." Additionally, the pulling forces involved in the birth process can negatively affect a child's spine and nervous system. Trauma and stress can create poor alignment. Our doctors are also parents! Chiropractic healthcare can help by establishing a natural, drug-free solution which creates immediate and long-term benefits to children as well. Call us to schedule a check-up, scoliosis exams are always complementary!?

And for those who are pregnant, they recommend a chiropractic check-up. This is important because changes, such as increased abdominal weight, pelvic imbalances, altered posture, and other sources of stress can result into pain and affect the person?s mood and sleep. This may sometimes result into a difficult birth process. According to the International Chiropractic Pediatric Association, about 75 percent of pregnant women suffer from back pain during pregnancy. In that same study, it was observed that there was an 84 percent improvement in back pain during pregnancy while being cared for by a chiropractic professional.

Meanwhile, True Potential Chiropractic also offers massage therapy Beaverton residents may require to help them recover from various health issues. Their licensed massage therapists (LMTs) will work with their chiropractic physicians for both joint and muscular imbalances, dysfunctions, and compensations, such as whiplash and car accident injuries. Each LMT has their own particular dominant working strategies and a range modalities they can apply, including: craniosacral therapy; cupping; aromatherapy; deep tissue massage; myofascial release; decompressive taping; sports massage; swedish massage; prenatal massage; and trigger point therapy.

Founded in 2013, True Potential Chiropractic has established as its goal to offer lifestyle care to everyone, especially for family members. This chiropractic practice has gradually developed into one of the leading providers of family corrective care and wellness in the Pacific Northwest. Dr. Bryen Bell, who established the clinic, is a specialist with regards to non-drug solutions as the primary option in providing health care. He and his family had moved to the Pacific Northwest during the summer of 2013 and it was not long after that Dr. Bell started a fully computerized and modern corrective care family wellness center in Beaverton, Oregon. This is a family and sports rehab chiropractic practice with the goal of helping patients attain better health and wellness, by focusing on maintenance and prevention, instead of only offering treatment after a health issue is already present, such as disability, pain, or disease. His philosophy is based on the six laws of the human body, which are: alignment, diet, exercise, mindset, rest, and stress management. Dr. Bell received his chiropractic degree (D.C.) and BS degree in human biology from the Cleveland Chiropractic College in LA, California.

When requiring the services for family care chiropractor and massage therapy Beaverton residents can go to, people can visit the True Potential Chiropractic website, or contact them through the telephone or via email. They are open from 9:00 am to 12:00 pm and then from 3:00 pm to 6:00 pm on Mondays, Tuesdays, and Thursdays; from 3:00 pm to 6:00 pm on Wednesdays; and from 9:00 am to 11:00 am on Saturdays.

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For more information about True Potential Chiropractic, contact the company here:True Potential ChiropracticDr. Bryen Bell503-574-4872drbell@tpcportland.com8283 SW Cirrus DriveBldg 15Beaverton OR, 97008

True Potential Chiropractic

True Potential Chiropractic is an award winning wellness center located in Beaverton OR. TPC is able to assist from prenatal to adults with their pain relief, personal injury and corrective care. Bodywork, stretch and chiropractic therapy is available.

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