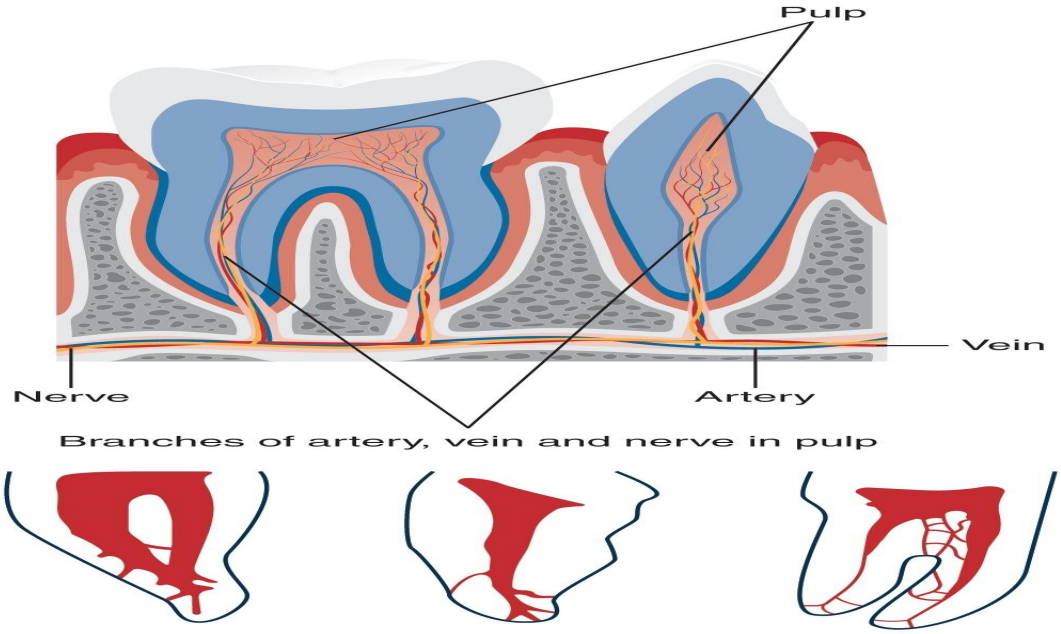


Sydney Holistic Dental Centre Offers Root Canal Alternative

July 20, 2022

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NSW based Sydney Holistic Dental Centre (SHDC) would like to talk about their holistic alternative to traditional root canal treatment. The dental centre?s approach is to treat the body as a whole, which is a method of treatment that has proven to be far more effective than simply treating the problem area alone. With their advanced equipment and well-trained, experienced team of dental specialists, Sydney Holistic Dental Centre offers some of the best and most effective treatment options in the NSW area.

?Root canal treatment is designed to eliminate bacteria from the infected root canal, prevent reinfection of the tooth and save the natural tooth,? the clinic says. ?When one undergoes a root canal, the inflamed or infected pulp is removed, and the inside of the tooth is carefully cleaned and disinfected. At SHDC, we often get asked how holistic dentists treat root canals? Our position is that each case needs to be considered individually based on the person?s own health, both orally and systemically.?

There are two views when it comes to root canal treatment. The first is that bacteria and toxins pose a very real threat to the health of the patient, and having a dead tooth could have very serious ramifications when it comes to their health. The second view is that if a root canal treatment is done well by traditional dental

standards, then any exposure a patient has to bacteria and other toxins is minimal and can easily be dealt with by the body?s immune system. Sydney Holistic Dental Centre remains open to both perspectives and decides what is best for each patient on a case-by-case basis.

They also believe that it is important for the patient to be aware of everything that goes into a root canal from a holistic dentistry perspective. SHDC says, ?There is a formation of soft tissue within each natural tooth, referred to as dental pulp, which contains nerves, arteries, veins and lymph vessels. When the pulp is diseased or injured, your body will attempt to repair and heal itself. However, if it cannot repair the diseased or injured pulp, the pulp dies. The presence of bacteria in the pulp causes an infection inside the tooth. If left untreated, this infection can form an abscess, a build-up of infectious material (pus) at the root tip, eventually causing the pulp to die, and the supporting bone surrounding the tooth will be destroyed. Because there is no blood supply to fight the bacteria and toxins, this reservoir of infection remains inside the tooth. A root canal treatment attempts to clean out the inside of the tooth. Ideally, the tooth should be sterile. The challenge is that it is impossible to make the tooth canals completely sterile.?

Holistic dentists? approach to treating root canals involves looking at every case individually and deciding what is best for that individual person?s health. The dentists at SHDC have been working on people?s teeth for years, and they have a very deep understanding of how the body as a whole works and how to ensure that a person is as healthy as can be, both in terms of their oral health and the health of their body as a whole. Root canal treatments can harm a person?s teeth if bacteria and toxins are not properly dealt with, which is why it is important to have a dentist who knows what they are doing and knows what approach to take.

?Root Canal treatments are safe, provided they are done competently by traditional dental standards,? the Sydney dental office says. ?In this case, your health is not adversely affected. The infection is resolved, and healthy bone is regenerated around the tooth. As such, the natural tooth is preserved. Any exposure a patient has to any remaining bacteria and toxins is minimal and adequately dealt with by the body?s immune system. Additionally, while the nerve in the tooth is no longer present, the tooth is still sitting in bone, and the periodontal ligament is still very much alive.?

Anyone looking for more information on the advantages of getting a holistic root canal may visit Sydney Holistic Dental Centre?s website. The clinic?s office can also be reached by phone.

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For more information about Sydney Holistic Dental Centre, contact the company here:Sydney Holistic Dental CentreRobyn Farley(02) 9221 5800shdc@shdc.com.au17/111 Elizabeth St, Sydney NSW 2000

Sydney Holistic Dental Centre

Sydney Holistic Dental Centre has been enhancing people's oral and general health since 1983. Our clinic supports our holistic approach, with a calm and relaxing feel, and with state of the art technology to ensure quick and optimal treatments.

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