



## **Podiatrist in New Bern NC Eliminates Plantar Warts with Swift Wart Treatment Machine**

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Crystal Coast Podiatry, in New Bern, NC, is happy to announce the acquisition of Swift microwave technology for the treatment of plantar warts. Plantar warts are soft tissue lesions on the soles of the feet caused by the human papilloma virus (HPV). They can be very painful, especially when walking or when pressure is directly applied, and very difficult to get rid of. The Swift microwave therapy works by delivering a small dose of microwave energy to the affected area. This rapid increase in temperature of the affected tissue activates the body's natural immune response to attack the wart virus. More information about the clinic can be gleaned from their Facebook page at [https://web.facebook.com/crystalcoastpodiatry/?\\_rdc=1&\\_rdr](https://web.facebook.com/crystalcoastpodiatry/?_rdc=1&_rdr).

The targeted low energy microwave dosage makes Swift therapy safe for most patients. However, it is recommended that patients who have the following should consult with a podiatrist before treatment: those who have a pacemaker; those who are pregnant or breastfeeding; those who are immunosuppressed; those who suffer from poor circulation; those who have metal plates or pins in their feet; and those who have conditions that compromise healing.

Thomas Bobrowski DPM, podiatrist at Crystal Coast Podiatry, says, "Our goal is always to ensure that every

visit to our office is as smooth, efficient, and as stress free as possible?especially for first-time patients.?

The Swift microwave wart treatment approach will only require three to four treatment sessions scheduled four weeks apart to ensure they are in sync with the natural immune cycle of the body. Each treatment session will take five to 10 minutes. The treatment will not require any anesthetic, bandages or dressings. However, some patients may want to apply a topical anesthetic approximately 45 minutes before the appointment as a way to minimize pain. A "rubber band snap" type of pain may be felt during the treatment, for a few seconds, when the temperature of the tissue rapidly increases.

Most patients begin to notice improvements after two to three weeks as the body's immune response starts to take action. As the wart regresses, its thickness and diameter will decrease. Most people will need more than one round of Swift therapy to make sure the wart is completely resolved. The average person will need three rounds of therapy to make sure the plantar warts will not return. More sessions may be required, depending on the individual's immune response and age.

Swift therapy is highly effective in eliminating plantar warts. The device is provided with a specialized probe that is used to direct the low dose microwave energy precisely to the area affected by the HPV. As a safety mechanism, to avoid cross-contamination, the applicator probe has a built-in sensor that can detect if the tip of the applicator has already been used, preventing the Swift machine from running until a new and unused tip is attached to the applicator.

Dr, Thomas Bobrowski, DPM, has been providing quality foot and ankle care for patients in North Carolina since 1998. He obtained his doctorate of podiatric medicine from the William M. Scholl College of Podiatric Medicine in North Chicago, with cum laude honors. He then completed his two-year podiatric surgical residency at Thorek Hospital and Medical Center in Chicago. He is a Fellow of the American College of Foot and Ankle Surgeons and a Diplomat of the American Board of Foot and Ankle Surgeons. He is a member of several professional affiliations, such as the: American Podiatric Medical Association, North Carolina Foot and Ankle Association, American Board of Podiatric Surgery, and American College of Foot and Ankle Surgeons.

Those who are interested in learning more about the podiatry services, such as the plantar wart treatment using Swift therapy , can check out the Crystal Coast Podiatry website at <https://crystalcoastpodiatry.com/>, or contact them on the phone or through email. They are open from 8:00 am to 5:00 pm, Monday to Thursday and Fridays 8:00 am to 2:00 pm.

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For more information about Crystal Coast Podiatry, contact the company here:Crystal Coast PodiatryThomas

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## Crystal Coast Podiatry

*Our priority is to deliver quality care to informed patients in a comfortable and convenient setting. High-quality treatment in a professional, caring atmosphere with short wait times has been a hallmark of our practice for more than 20 years.*

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