



## **Medical Weight Loss Clinic Available For Colorado Patients**

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Founders Family Medicine & Urgent Care clinic, based in Castle Rock, Colorado, is offering a Medical Weight Loss program. The program covers numerous services, including diagnosis, weight loss, and weight management care.

Anyone who is overweight or obese and wants to improve their health and quality of life will find that Founders Family Medicine & Urgent Care provides compassionate and knowledgeable weight loss care. The clinic focuses on the various aspects of weight loss, such as diagnosis, health management, nutrition, changes in behavior and lifestyle, exercise and education. Their team-based approach provides the highest caliber of care to assist patients in achieving their goals for weight loss and overall improvement of their health. It is critical to recognize any illnesses or disorders associated with obesity and develop a treatment plan before a patient embarks on a weight-loss program.

As part of their weight loss program, Founders Family Medicine & Urgent Care conducts lab testing to

find metabolic-related problems that could cause weight gain. Obesity affects or contributes to a wide range of additional prevalent health problems. Patients may be sent to external specialists if needed, or the clinic's family medical team may handle these issues.

There are quite a few common obesity-related health issues, such as joint pain and damage, hypertension or high blood pressure, high cholesterol, kidney diseases, liver disease, diabetes, heart disease, cancer and stroke, among others. Being overweight can also cause breathing problems like sleep apnea and asthma. The experts at Founders provide patients with post-surgery care and pharmaceutical support as part of a medical weight reduction strategy. A patient's long-term weight control is the clinic's main objective because this promotes better health and a higher standard of living. The Founders team believes that making modifications to a diet, lifestyle, and exercise routine is the greatest method to experience long-term weight loss. However, in some circumstances, a treatment strategy will include the use of medicine or surgery.

To assist overweight and obese patients in their weight loss journey, Founders Family Medicine & Urgent Care provides a comprehensive weight loss management program. The clinic is of the opinion that providing compassionate care fosters a strong support system that promotes weight loss success. The group of skilled healthcare professionals collaborates to provide patients with evidence-based weight loss guidance. The program takes into account the patient's goals, lifestyle and current state of health to create their weight loss strategy. Long-term weight loss is established with the aid of a personalized plan, accountability and knowledge.

The staff at Founders Family Medicine & Urgent Care is committed to providing encouraging and sympathetic weight reduction care. They put a priority on lifelong family care. Supporting each family member in their efforts to lose weight in order to achieve long-term health is a focus. Patients may rely on the clinic's team of skilled experts, which includes medical doctors, physician assistants, and support personnel, to deliver high-quality care. They will schedule visits specific to obesity treatment and medical weight management with Ashley Weigle PA-C.

Ms. Weigle is a Colorado native who graduated from the University of Northern Colorado with a Bachelor's degree in Biomedical Sciences, minoring in Chemistry and Psychology. She then attended Midwestern University, in Glendale, Arizona, for her Masters in Physician Assistant Studies. Her interests include preventative medicine, urgent care, and women's health.

Founders Family Medical Center is interested in their patient's health and wellbeing. Their goals for their

patients and their families is to prevent disease and to improve their health when disease exists in both the acute and chronic stages. The private practice is dedicated to the principle of timely and excellent healthcare. The clinic's dedication to providing its patients with quality, patient-centered, team-based care has earned the clinic National Committee for Quality Assurance (NCQA) recognition as a Patient-Centered Medical Home awarded 2018. This team-based care approach supports both physical and mental health care needs in prevention, acute and chronic care.

The Founders Family Medicine & Urgent Care office is accessible to patients and provides same-day acute care appointments with shorter wait times and the ability to call ahead for acute care. For more information, patients and other parties may visit the clinic's website or email the team directly. For emergencies, the center is available 24/7 via their hotline.

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For more information about Founders Family Medicine & Urgent Care, contact the company here: Founders Family Medicine & Urgent Care Anthony Cerullo 303-688-8666 info@foundersfamilymedicine.com 4386 Trail Boss Drive Castle Rock, CO 80104

## **Founders Family Medicine & Urgent Care**

*Founders Family Medicine and Urgent care in Castle Rock is a full-service medical clinic. It is our goal to provide efficient and cost-effective care for the insured as well as the uninsured.*

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