

Arizona Woman Celebrates Two Years Sober and Thanks The River Source Alcohol and Drug Rehab

August 09, 2022

Arizona City, Arizona - August 09, 2022 -
Arizona City, AZ - Two years after completing The River Source?s treatment program for her alcohol dependence, an Arizona woman is expressing her gratitude to the staff members who helped her reach and sustain her sobriety. She marked the joyful anniversary by writing an enthusiastic 5-star Google review, praising the Arizona treatment program.

?I just celebrated two years sober, and I?m going strong,? Crystal wrote. ?The River Source saved my life, physically and emotionally. I came to realize that I needed help. But I had no idea what to do.?

A fully accredited drug and alcohol rehab center with five locations in Arizona, The River Source offers the entire continuum of care, from detox to residential treatment and lifetime alumni services. Programs include partial hospitalization and intensive outpatient programs. All provide evidence-based care and take a holistic approach.

?Holistic? is a popular phrase among substance treatment programs, but at The River Source, it truly means something. The River Source is genuinely holistic in treating body, mind, and spirit. The medical director is a naturopathic doctor and treatment combines the best of naturopathic and conventional therapies for the best treatment outcomes.

Crystal?s recovery story might have ended before it began; she had no health insurance and assumed she wouldn?t be admitted. But that wasn?t an issue for The River Source. Although it?s a premier in-network facility covered by all major carriers, its team never lets finances stand in the way of necessary treatment.

?More important than that, the staff is amazing,? she continued. ?They walked me through the detox program. I attended meetings. I felt very safe.?

?The best thing is that I left with the tools I needed to learn how to live my life,? Crystal added. ?I am now sober. The urges have left me. The drinking habits have changed to positive and productive habits. I have my life and family back, and I am so happy.?

Crystal accomplished this with the help of The River Source?s Reclaim Your Life program, which operates with the singular goal of helping clients discover the best version of themselves. Its integrative approach is clinically driven but always delivered with honesty, integrity, and kindness, focusing on delivering results based on truly effective care.

For many, treatment begins with detox, a phase that prepares the body by eliminating the toxins that have built up during substance use. Like everything at The River Source, detox takes an integrative approach and can include nutritional IV therapy, amino acid therapy, medication-assisted treatment, massage, dry sauna, acupuncture, yoga, and meditation.

From there, clients move to residential treatment programs, which are separate for men and women. Key offerings for men include group therapy, individual counseling, family therapy, and co-occurring disorders; treatment is 12 Step-focused and emphasizes peer support. Women?s treatment includes trauma-informed care and therapy that promotes healthy bonds between women, with a specialized pregnancy track.

Rather than emphasizing luxurious accommodations and amenities, The River Source is focused on providing patients with the most effective evidence-based treatment to give them the best possible chance of long-term recovery. Clients experience treatment in a setting that is comfortable and safe. They can watch TV in detox and in residential areas. Facilities include fitness equipment, games, and recreational activities.

Better than plush surroundings, The River Source offers a unique Recovery Guarantee. If someone relapses within a year of graduating from the full continuum of care despite following their treatment plan advice, they

may return for treatment at no charge.

Crystal didn?t need to redeem that promise.

?I work my program daily and live a happy, balanced and beautiful life now,? she wrote. ?It all started here at River Source! I?m so thankful that I walked through those doors. Literally saved my life.?

For more information on Arizona?s premier drug and alcohol rehab program, visit The River Source online or call 866-828-6792.

###

For more information about The River Source - Arizona Drug Rehab Program, contact the company here:The River Source - Arizona Drug Rehab Program(480)210-636516286 Sunland Gin Rd, Arizona City, AZ 85123

The River Source - Arizona Drug Rehab Program

#1 Alcohol & Drug Rehab Program in Arizona City. Addiction Treatment Center specializes in a full continuum of care across our treatment locations in Arizona.

Website:

https://www.theriversource.org/drug-alcohol-rehab-center-arizona-city-az/?utm_source=OffSite&utm_medium=GMBandOtherOffSiteDirectories

Phone: (480)210-6365