

Sydney's Bexley Dental Is Raising Awareness About All On 4 Dental Implants

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Dr. Theo Spyrakis, the principal dentist at Sydney's Bexley Dental, is educating the city's residents about how the game-changing All-On-4? dental implant procedure works and is espousing its many benefits compared to traditional implants.

In the All-On-4? dental implant technique, upper or lower sets of teeth are replaced with just four implants which act as a support mechanism for the placement of a new set of fixed teeth. The All On 4 implants, themselves are small titanium screws positioned into the jawbone, supporting either a single tooth or a bridge of teeth. Two of the implants are positioned at the front of the mouth and the other two are placed at an angle in the back. Due to the position of the implants, just 4 of them are enough to provide support for the full arch of teeth.

The All-On-4? procedure eliminates one of the biggest limitations of the conventional full mouth dental implant replacement method. Using conventional methods, a full arch rehabilitation requires 6 to 8 implants to support a full fixed bridge. Some patients do not have the required bone structure to support all the implants, especially when screwing the posterior ones into areas of reduced bone density.

Due to the ingenious use of angled implant insertion, the All-On-4? technique doesn't require the same bone density to secure the implant. Since the posterior implants in the All-On-4? technique are tilted 45° towards the rear of the mouth and placed into the anterior maxilla, a region of the jaw with higher bone density, implanting them securely ceases to be an issue.

Moreover, the All-On-4? procedure is also a boon for patients suffering from osteoporosis and severely resorbed upper jaws. Patients with the lack of an upper jawbone were not considered to be ideal candidates for conventional dental implants. Instead, they had to first undergo bone grafting procedures to build the jaw up. However, since the All-On-4? procedure introduces the 45° angulated implant, it allows doctors to avoid

the bone-deficient areas of the jaw and enables patients to enjoy the benefits of a fully restored arch of teeth.

The less invasive nature of the All-On-4 procedure also means the healing and rehabilitation process is considerably shorter, and since fewer implant fixtures are used, there is more flexibility to design and fit the optimum replacement teeth. The procedure usually takes between 3 to 4 hours and the implants can be placed using either a local anesthetic or Sleep Dentistry, the latter of which uses an IV Sedation that is safer than a general anesthetic and eliminates the need for hospitalization. The patient's final set of teeth can be attached 24 hours after the surgery in a short 30-minute appointment.

Dr. Theo talks about why more and more patients from Sydney are opting for the All-On-4 procedure by saying, "The All-On-4 procedure is considered by both dentists and patients to be the most comfortable and natural-feeling solution for restoring damaged or missing teeth. It has a very high success rate. The dental implant procedure is also supplemented with modern technology that makes it easy for the dentist to assess the patient's teeth, gums, bones, and smile. For example, Bexley Dental uses a 3D OPG (Orthopantomogram) scan of your teeth and then creates a personalized treatment plan that is designed specifically for you. In just a short 30-minute consultation, I'll walk you through the All-On-4 procedure. You will also get to convey your personal dental health goals and discuss the treatment outcomes with me directly."

Though the All-On-4 procedure has solved many of the problems of conventional dental implants, certain health factors may still prevent some people from undergoing it. Bexley Dental says that there is no need to visit the office just to find out if one can opt for the All-On-4 procedure. Instead, it encourages patients to take its free online implant suitability quiz which requires them to answer a few short questions. The clinic will then send an automated email letting the patient know whether they qualify for the implant procedure.

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For more information about Bexley Dental, contact the company here: Bexley Dental Zainab Ali (02) 9567 4151 patrice.spyrakis@bexleydental.com.au 400 Forest Rd, Bexley NSW 2207

Bexley Dental

Bexley Dental has been caring for families since 1992. Offering everything from regular cleans to advanced dentistry. Dr Spyrakis and his team of experienced dentists, hygienists, and dental nurses pride themselves on keeping their patients smiles healthy

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