



Insurance Covered CPAP

Insurancecoveredcpap.com Explains Obstructive Sleep Apnea

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Insurance Covered CPAP, a MedSource LLC company, has recently released an article that is titled, "What is Obstructive Sleep Apnea?" This blog post explains that obstructive sleep apnea (OSA) is the most common type of sleep apnea as it affects about 3 to 7 percent of men and 2 to 5 percent of women. Sleep apnea is a sleep disorder where the patient temporarily stops breathing while asleep. And in OSA, the throat muscles of the person relaxes while sleeping with the result that the airway is blocked and prevents breathing temporarily. As the body struggles to be able to breathe, the person wakes up for a short while and this results in the reopening of the airways. These periods of being awake are so short that the person may not even remember them at all. Unfortunately, because this pattern is repeated throughout the night, the person finds it impossible to get a restful night's sleep.

There are a number of signs that may be indicative of a person having OSA. These include: chronic fatigue; dry mouth or sore throat; loud snoring; morning headache; trouble concentrating; the feeling that one is gasping or choking during sleep; and mood changes. And certain people are more likely to develop OSA. These include those who have: gained weight; large tongue size; large neck diameter; diabetes, a smoking habit; high blood pressure; a family history of OSA; and asthma.

Those who are wondering whether they need to see a doctor will need to answer three questions. The questions are whether they snore loudly; whether they wake up gasping for air; and whether they feel tired throughout the day. Those who answered yes are advised to consult with their doctor or to get a home sleep test through their website. This home sleep test allows the doctor to monitor the patient's breathing and oxygen level while at home. Such home sleep tests are less intrusive and less expensive compared to in-lab sleep studies. And it is important to note that an in-lab study or a home sleep test is needed to be able to qualify through insurance.

For those who have sleep apnea, the doctor may prescribe the use of a continuous positive airway pressure (CPAP) machine. The CPAP machine is designed to correct the problem caused by OSA by sending a steady flow of pressurized air into the nose and mouth while the patient is sleeping. This ensures that the airways remain open, allowing the patient to breathe normally while asleep.

Those who think they have sleep apnea will have to consult with their doctor and get a prescription for a CPAP machine. Once they get a prescription, they may select a specific machine from the different CPAP machines that are available through Insurance Covered CPAP and fill out their online form on the website. Insurance Covered CPAP will then contact the patient's insurance provider and submit the needed documents on their behalf. Once the insurance firm has approved the coverage, Insurance Covered CPAP will then deliver the CPAP machine to the patient.

A CPAP machine has a compressor that provides the continuous stream of pressurized air that goes through an air filter and then to the patient through a mask that is sealed and worn around the nose and mouth. A possible problem with a CPAP machine is that the patient may have to get used to wearing the mask while sleeping. Benefits include: assurance that the airway is always open while the patient is asleep; enhanced quality of sleep; reduction and even possible elimination of snoring; decrease in high blood pressure; and decrease or even elimination of sleepiness during the daytime.

MedSource LLC, the parent company of Insurance Covered CPAP, was established with the main goal of providing high quality medical products and services that can help patients achieve positive outcomes and enhance their quality of life. They plan to do this by offering excellent support and service, a broad range of expertise, and the best possible patient care. They are focused on making it simple and easy for patients to obtain their needed home medical products and services with the help of insurance.

People who would like to know more about Insurance Covered CPAP can check out their website at insurancecoveredcpap.com, or contact them on the phone.

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For more information about Meet Positives 9, contact the company here: Meet Positives 9 Customer Support (312) 448-8310 support@meetpositives.com 10 S Riverside Plaza #875, Chicago, IL 60606

Meet Positives 9

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Website: <https://meetpositives.com/>

Email: support@meetpositives.com

Phone: (312) 448-8310



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