

## Toronto Functional Medicine Centre Explains the Use of IV Therapy for Heavy Metal Toxicity

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Toronto Functional Medicine Centre in Toronto, ON, Canada, has recently published a blog post that explains the use of IV therapy for heavy metal toxicity and brain health support. This is because of the link that has been found between exposure to heavy metals and mental health issues. Scientists have observed that metals may also contribute to cognitive health problems. For instance, exposure to lead has been found to be related to depression, reduced cognitive and response capability, panic disorder, anxiety, schizophrenia, and even Parkinson?s disease although not as consistently as Alzheimer?s disease. Fortunately, it has been observed that the functional medicine providers at the Toronto clinic can customize a treatment plan to help each patient recover from heavy metal toxicities. A combination of various kinds of treatments, including IV therapy, allopathic medicine, acupuncture, bio-identical hormone replacement therapy, herbal medicine, and naturopathy, may be used.

Exposure to cadmium has also been linked to mental health issues. In one study where cadmium was measured in patients already diagnosed with schizophrenia, it was found that lead and cadmium may cause lesions in the brain that affect gray and white matter, total cortical volume, and the cerebroventricular system.

Meanwhile, it has been observed that functional medicine therapies and programs such as chelation therapy may promote detoxification and the elimination of heavy metals from the body. For instance, during initial consultation or a full diagnostic session at the Toronto Functional Medicine Centre, they may suggest a heavy metal/urine toxic element clearance profile. And then based on the results of the lab tests, they will develop a treatment designed to help get rid of heavy metals. Some of these treatments that may help reduce heavy metal toxicities and offer support for the health of the mind and body are chelation therapy oral or and IV therapy.

Chelation therapy requires the ingestion of a chelating agent that binds with the heavy metals, which will result into a decrease in the toxicity levels in the blood and tissue. This chelating agent is then excreted from the body through urine.

IV therapy drips may also be used to promote detoxification while offering a solution to a nutritional deficiency. Instead of ingesting the chelating agent, it may be included in a saline drip solution that is connected to the patient?s veins. This will allow the agent to enter the bloodstream directly without going through the digestive tract. In addition, other IV vitamin therapies may also be used for supporting mood, including B vitamins and amino acids.

Meanwhile, the personalized service of functional medicine treatments provided can be used for various health issues. Their daily freshly compounded vitamin drip treatments may include essential vitamins and beneficial components, including vitamin A, nicotinamide adenine dinucleotide (NAD), high-dose vitamin C, a medley of amino acids, major antioxidants, and B vitamins such as biotin. It may interest you to read more on IV therapy with biotin. Each vitamin drip therapy is made based on the patient?s energy levels, cellular function and health needs.

The Toronto Functional Medicine Centre is committed to applying an integrative functional medicine approach, where they integrate functional medicine strategies with herbal medicine, bio-identical hormone replacement, allopathic medicine, naturopathic medicine, traditional chinese medicine and more. They employ both functional medicine and restorative therapies for a range of health issues, including: postmenopausal health issues, neuropathic pain, hormone imbalances, acute health issues, and more. The health conditions that they may help with include: cellular damage, chronic fatigue, tissue repair, mineral deficiencies, DNA repair, immune function, thyroid conditions, adrenal function, athletic recovery, infertility, skin rejuvenation, and others. This private practice clinic in Toronto is committed to always using a patient-centered approach for wellness and their functional medicine programs are for both chronic and acute care.

Those who would like to learn more about the role of functional medicine in Toronto for supporting brain health can check out the Toronto Functional Medicine Centre website or contact them through the phone at (416) 968-6961 or via email at info@tfm.care. They are open from 9:00 am to 6:00 pm on Mondays to Fridays and alternating Saturdays form 9 to 4:pm.

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For more information about Toronto Functional Medicine Centre, contact the company here:Toronto Functional Medicine CentreChristina Ramos(416) 968-6961info@tfm.careToronto Functional Medicine Centre55 Avenue Rd 204 AToronto, ON M5R 3L2

## **Toronto Functional Medicine Centre**

Our team of dedicated health and wellness practitioners have a passion for integrative functional and naturopathic medicine healing. We strive to help each patient shift towards balanced, wholesome wellness.

Website: https://torontofunctionalmedicine.com/

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