# Gramercy Pain Center Provides Migraine Treatments In Holmdel

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Holmdel, New Jersey based Gramercy Pain Center is reaching out to the local community to share information about their migraine treatments. The clinic offers interventional pain medicine by board-certified physicians for patients who want to manage the symptoms of their chronic conditions.

Dr. Varma, founder of Gramercy Pain Center, says, ?Many people just endure their migraines; they take a painkiller and call it a day. This is not a viable long-term solution, however, because a migraine will persist, and the condition will steal precious moments away from them. At Gramercy Pain Center, we offer specialized solutions that can tackle your migraine in a more direct manner and improve your quality of your life. Our pain management and headache clinic aims to offer direct solutions for chronic pain relief.?

As the clinic explains, migraines are one of the more common headache disorders ? affecting 1 in every 7 people worldwide. It involves throbbing pain or a pulsing sensation felt usually on one side of the head (sometimes on both). There can also be other symptoms, such as light and sound sensitivity, nausea, vomiting and so on. A migraine attack can last for days, and it may progress into a chronic, daily headache.

While clinical research has yet to fully zero in on the causes of a migraine, it has been narrowed down to several factors, including environmental triggers, chemical imbalance and genetics. These triggers can include change in weather or pressure, chocolates, food with MSG, hormonal changes, stress, fatigue, change in sleep pattern and more. Considering the sensitive nature of the disorder, it can be very frustrating for people to live with this condition.

Gramercy Pain Center offers treatment options for patients experiencing migraine pain. With a team of board-certified medical professionals and friendly, supportive staff, the pain management clinic provides personalized treatments that target each patients? unique situation.

Migraine treatments at Gramercy Pain Center start with a diagnosis of the patients? condition. More often than not, migraine headaches are mixed up with other headache disorders; therefore, Gramercy?s headache experts will screen the patients? migraine symptoms and consider their medical records to collect more information on their headache disorder. The diagnosis procedure will involve an evaluation, imaging tests, CT scans, X-rays and MRIs. Once a thorough screening is done, they will consider treatment options.

Integrated treatment plans for migraine can incorporate pain medicine, preventive medication, physical therapy, botox injection treatment and/or even surgery. No matter how severe the pain might be, the pain management clinic assures that they can assist patients. Dr. Varma says, ?Migraine sufferers no longer need to endure a chronic, daily headache. You have no need to rely on pain meds, and you can, in fact, improve the quality of your life significantly. We offer a wealth of treatment options in headache pain management and prophylaxis, and our expert physicians are here to help you! Get in touch with us today!?

The services provided by Gramercy Pain Center have earned the clinic great praise from their patients. In a 5-Star Gramercy Pain Center review highlighted by the clinic, OwenLeo Shaw writes, ?After a great deal of research and appointments, I came to Gramercy Pain Center. I am beyond satisfied with the level of care that I continue to receive as a patient. Dr. Ajay Varma is incredibly knowledgeable, compassionate and extremely accessible. There isn't anything I have asked for that he hasn't been able to accommodate. His staff is also incredible. I am so impressed with how great they are to work with, and they always go above and beyond. I never knew that pain management could be a great experience. Everyone at Gramercy Pain Center is incredibly helpful, knowledgeable, empathetic, compassionate and always willing to go that extra mile.?

Those who want to learn more about the range of pain management services offered by Gramercy Pain Center Holmdel should visit the clinic?s official website to get started. Dr. Varma encourages interested parties to get in touch with the team via email or phone. In addition to their Holmdel location, Gramercy Pain Center also has branches in Red Bank, Montclair and Jersey City.

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For more information about Gramercy Pain Center Holmdel, contact the company here:Gramercy Pain Center HolmdelDr. Varma(732) 788-0349info@gramercypaincenter.comGramercy Pain Center2124 NJ-35Holmdel, NJ 07733

**Gramercy Pain Center Holmdel**

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Website: https://www.gramercypaincenter.com/in/new-jersey/holmdel-nj/

Email: info@gramercypaincenter.com

Phone: (732) 788-0349

