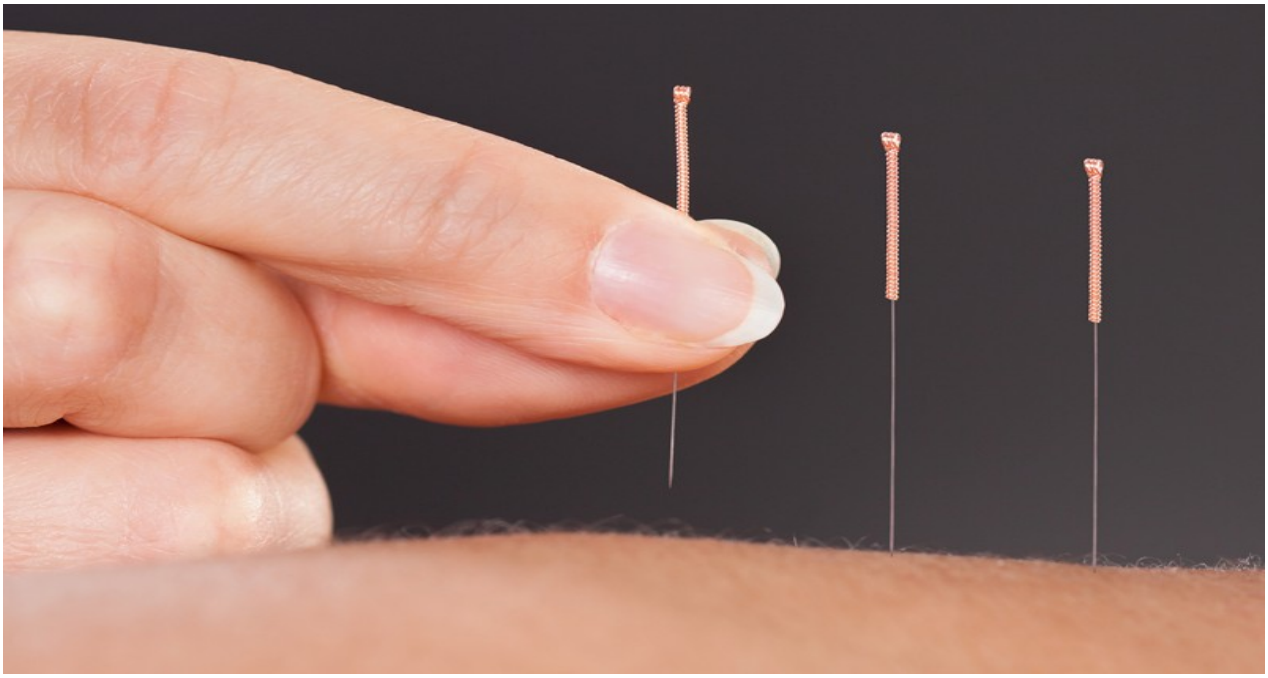


Beverly Hills Chiropractor Near Me Partners with Hyperice, Provider of Massage Guns

October 05, 2022

Beverly Hills, California - October 05, 2022 -
Jochen Chiropractic & Wellness Center, a chiropractor near me Beverly Hills, CA residents can go to, has announced their partnership with Hyperice, a provider of massage guns and other related innovative therapy products. Their partnership involves the application of the Hypervolt 2 handheld massage gun. This device is designed to provide deep tissue percussion massage for the purpose of relieving stiffness and tension in the muscles. Percussion massage therapy offers several advantages, such as: acceleration of warm up and recovery; improvement of flexibility and range of motion; reduction muscle stiffness and soreness; and improvement of muscle performance.

Dr. Stephen Jochen, D.C. says, ?Huge shoutout to @hyperice for partnering with Jochen Wellness Center. With the Hyper Volt 2 Pro, breaking up knots and decreasing tension will make recovery a whole lot easier on our patients.?

The Hypervolt 2 will be used in conjunction with chiropractic massage, which combines the advantages of

massage therapy and chiropractic care. Massage provides a more conservative holistic strategy for helping with musculoskeletal issues by enhancing circulation, decreasing swelling, and relaxing the muscles. Chiropractic massage is expected to offer support for the muscles and will result into a decrease in pain and a boosting of bodily function. Chiropractic care offers the use of spinal manipulation to optimize the functioning of the nervous system. On the other hand, massage is the use of pressure to manipulate soft tissue and loosen tightened muscles. And trigger point massage relies on the application of pressure to a particular point to stimulate a therapeutic sensation to various areas as a way to relieve tension.

Jochen Chiropractic uses various kinds of therapeutic methods, such as cupping therapy near me Beverly Hills residents can rely on, and other approaches including massage therapy. Massage has been observed to help with chiropractic care before or after spinal alignment. Getting a massage before the chiropractic alignment will allow the spine to be more receptive to the adjustment because the massage has loosened up the muscles. And getting a massage after the adjustment may help in reducing the risk of muscles pulling the pine out of alignment because the muscles will continue to be soft and relaxed. Dr. Jochen may also examine the environmental factors that can improve the patient?s condition. He may recommend some adjustments to ensure an ergonomic workplace or he may discuss sports techniques with an athlete to ensure that proper form is being used.

Chiropractic massage may be beneficial for various conditions. These include: carpal tunnel syndrome; fibromyalgia; lower back pain; osteoarthritis; premenstrual syndrome; rheumatoid arthritis; sciatica; scoliosis; and sports injuries. And those who are not suffering from pain can also benefit from chiropractic massage. This treatment offers various health and wellness benefits, including a relaxed body, increased blood flow, enhancement of the immune system, improvement of muscular tone, and decrease in spinal pressure.

Started in 1994, Jochen Chiropractic & Wellness Center is focused on providing assistance to patients in achieving their wellness goals by applying their different kinds of skills and expertise that make up the entire wellness spectrum, including chiropractic care, TCM, massage, and more. Dr. Stephen Jochen, D.C. leads a team of health professionals at the chiropractic clinic and wellness center where they always take the holistic approach when offering chiropractic care and more. They provide a holistic path for patients to enjoy a pain-free lifestyle without having to take a lot of drugs or having to undergo invasive surgery. With almost 20 years of experience, Dr. Jochen and his team can offer help for a broad range of health issues, from lower back pain to carpal tunnel syndrome, by using various techniques, such as massage, chiropractic care, acupuncture, cupping therapy, and more. They always follow a three-tiered approach to help with healing: prevention and wellness; correction and recovery; and pain-free treatment alternatives.

When in need of a holistic chiropractor Beverly Hills residents can trust they can check out the Jochen

Chiropractic & Wellness Center website, call them on the phone, or contact them by email. They are open from 8:00 am to 7:00pm on Mondays, Wednesdays and Fridays; from 1:00 pm to 7:00 pm on Tuesdays and Thursdays; and from 9:00 am to 1:00 pm on Saturdays.

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For more information about Jochen Chiropractic & Wellness Center, contact the company here:Jochen Chiropractic & Wellness CenterDr. Stephen Jochen, D.C.310-556-8071jochenmarketing@gmail.com9478 West Olympic Blvd. PenthouseBeverly Hills, California 90212

Jochen Chiropractic & Wellness Center

Located in Beverly Hills, CA, the team of highly trained professionals advocates for a holistic and pain-free lifestyle. From chiropractic care to traditional Chinese medicine, this wellness center offers a variety of services to meet its patients? needs.

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