

Forest & Ray Provides Teeth Cleaning in Camden

September 19, 2022

London, England - September 19, 2022 -
Forest & Ray - Dentists, Orthodontists, Implant Surgeons, a dental clinic in London, UK, is pleased to announce that they are pleased to announce that they are also offering teeth cleaning services in Camden, which is a district of northwest London. And they want to stress that professional teeth cleaning is essential because even if people brush, floss and use mouthwash at least twice a day, there are places in the mouth that are hard to reach and a regular toothbrush can?t get rid of all the plaque on the teeth. Furthermore, tartar is very difficult to get rid with just regular brushing, and just like plaque, it accumulates over time without professional teeth cleaning.

The build up of tartar on the teeth causes them to have a crusty and yellow appearance, instead of a white healthy smile. Tartar is also one of the causes of bad breath and it contributes to the break down of the calcium on the tooth enamel and hastens the development of tooth cavities. And the bacteria that gets attached to the tartar can cause gingivitis, which if not taken care of in time can result into a more severe type of gum disease known as gingivitis.

All of that can be avoided by eliminating the accumulated tartar through teeth cleaning provided a

professional dental hygienist. Dentists recommend teeth cleaning at least every six months in addition to self-care routine of brushing and flossing regularly. Professional teeth cleaning typically start with tooth scaling where the dental hygienist employs a portable tooth scaler. Next, tooth polishing is performed using a specialised toothbrush with a small round brushing surface. It is designed to to eliminate any remaining tartar and to polish the teeth surface. The polished teeth surface makes it much more difficult for tartar to build up.

At Forest & Ray, they offer two types of dental cleanings: prophylaxis, full mouth grafting. Prophylaxis is the kind of teeth cleaning that is needed to get rid of plaque build-up that can?t be removed by regular brushing at home. It includes both tooth polishing and airflow. According to new data, professional teeth cleaning is recommended every eight to 16 weeks to avoid tooth decay and gum disease. Full mouth grafting is required if the natural teeth have not been professionally cleaned for more than a year and there is heavy build up of tartar.

The high quality of their services is attested to by the positive reviews they have been receiving. Currently, they have an overall rating of 4.2 out of 5 stars on Google. In a recent review, Honorata K. gave the five stars and said, ?Super nice and kind employees. I really recommend. I was afraid of the dentist but Dr. Nikolas is very nice, he cares about the patient gently and always asks if everything is alright. The ladies from the reception are very nice and polite as well as the lady who helps the doctor during the visit. I really recommend it with a clear conscience.?

Established in 2007, Forest & Ray is located in Central London just a few minutes walk to or from the British Museum. They offer dental implants, aesthetic dentistry, conservative dentistry, and orthodontic. And they are committed to providing the highest quality of dental care at a reasonable price. They understand the importance of a personal relationship between doctor and patient and always make an effort to promote that relationship in an environment of care. They always do their best to make the various options itemized so that patients can choose and only pay for services they really want. And they ensure that there are no hidden fees.

Those who are interested in knowing more about teeth cleaning in Camden can visit the Forest & Ray website or contact them by phone or through email.

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For more information about Forest & Ray - Dentists, Orthodontists, Implant Surgeons, contact the company here:Forest & Ray - Dentists, Orthodontists, Implant SurgeonsDr Nikolaos Kasiteridis020 8124 6138info@forestray.dentist8F Gilbert Place, London WC1A 2JD

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Forest & Ray - Dentists, Orthodontists, Implant Surgeons

Forest & Ray is a Central London (Holborn / Bloomsbury, Camden) based dental practice offering a wide range of treatments (general & cosmetic dentistry, tooth replacement, orthodontics, periodontics, and endodontics), same-day appointments 7 days a week.

Website: https://forestray.dentist

Email: info@forestray.dentist

Phone: 020 8124 6138

