



Capital District Neurofeedback Adopts New Technology To Improve Mental Health Service

November 07, 2022

November 07, 2022 - PRESSADVANTAGE -

Capital District Neurofeedback, the leader in Neurofeedback training in the upstate New York area, is proud to announce they are incorporating new cutting edge PEMF technology into their range of solutions for better mental health. This technology is widely used in Europe for those seeking relief from conditions like depression, anxiety, insomnia, ADHD, and other disorders. The clinic, which has their website at <https://capitaldistrictneurofeedback.com> , is adding this new technology so they can better serve their clients and others in their community.

Pulsed ElectroMagnetic Field (PEMF) therapy is a low-risk technology, applying non-perceivable levels of electro-magnetic pulses to stimulate the body's natural healing processes. The research suggests benefits for people suffering from any number of mental health related conditions, as well as a range of physical conditions.

The new technology being implemented at Capital District Neurofeedback incorporates BioRegulation

Therapy, or BRT. BRT combines the concepts behind PEMF with whole body biofeedback technology, providing extremely low intensity PEMF signals tuned to specific communication channels for the best possible chance of signals being received at the cellular level. This technology "energizes cells", putting them in tune with their natural rhythm, which studies suggest, can settle the nervous system. This means people could seek out BRT when they want relief from a number of ailments, from inflammation to detoxification and allergies, including hypersensitivities and electro-smog.

Dr Randy Cale of Capital District Neurofeedback says, "After a careful review of the available technology, we selected the Lenyosys BRT. It uses Bioregulation Therapy (BRT) with Pulsed Electromagnetic Field Therapy (PEMF). This cutting-edge technology combines an instantaneous feedback loop that alters the electromagnetic pulse with each patient's unique moment-to-moment response. With no reported side effects and a remarkable number of studies out of Europe showing its efficacy, this was a logical choice to expand our capacity to serve our patients. We are excited for the improvements this will yield for those combining Neurofeedback with BRT therapy."

The new Bioregulation Therapy is just the latest of many options offered by Capital District Neurofeedback with a goal of improving the mental well being of their clients. The clinic provides these treatments using a Bio-Psycho-Social model of mental health, which acknowledges that there are a number of factors that work together in a complex web to influence brain functions on a day to day basis.

Using QEEG Neuromapping and Neurofeedback technology, Dr Cale's team can create a "brain map" of a client's brainwaves, explain the implications to the client about functional and emotional limitations, and then use the data from the mapping process to create a full treatment plan for clients struggling with anxiety disorders, ADHD, insomnia, depression, memory loss, foggy brain, low motivation and more. "Almost any brain related disorder has dysregulated brainwaves, and if we can improve those brain waves with Neurofeedback, the conditions tend to improve."

Those who are interested in learning more about Capital District Neurofeedback and the services they offer can visit their website or read their reviews here.

Among the upsides of neurofeedback therapy is that its non-invasive, easeful to incorporate with home training, creates sustained change and encourages neuroplasticity while normalizing brain functions.

Readers in New York who want to learn more are encouraged to contact the clinic for a free consult with Dr. Cale. He can be reached at 518-606-3805.

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For more information about Capital District Neurofeedback Therapy, contact the company here: Capital District Neurofeedback Therapy Randy Cale, PhD 518-606-3805 contact@capitaldistrictneurofeedback.com 634 Plank Rd #100 Clifton Park, NY 12065

Capital District Neurofeedback Therapy

Our goal is to provide state of the art Neuromapping (QEEG), and then bring about positive transformation in the brain with intensive Neurofeedback training.

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