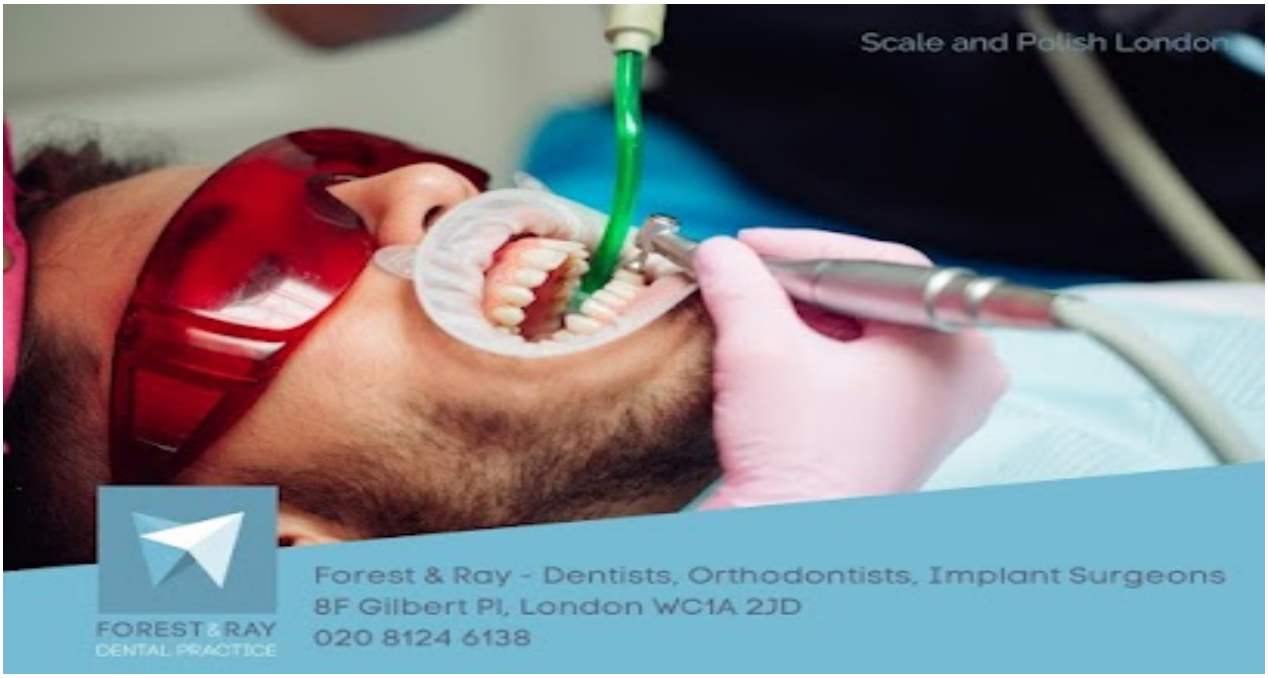


London Dentists Scale and Polish Treatments Accomplish What Home Oral Hygiene Routines Can't

September 26, 2022

London, England - September 26, 2022 -
Forest & Ray - Dentists, Orthodontists, and Implant Surgeons of London have long been known for their many different types of innovative and progressive dental treatments. Some of which overshadows this clinic?s effective and affordable basic dental treatments. This includes their scale and polish services which is a type of dental treatment that is much more impactful than even the best home oral hygiene routines can accomplish. A Forest & Ray representative stated, ?If you are someone that follows a strict home oral hygiene routine, we commend you for that. The problem is many who take good care of their teeth at home assume that they don?t need to get regular teeth cleanings. This is definitely not the case because clinics like ours used advanced treatments and the latest technology to get our patients' teeth and gums exceptionally clean.?

The clinic?s representative went on to say that the reason that people need to get regular scale and polish treatments is that home oral hygiene practices have trouble keeping tartar buildup from occurring. That?s because most people do not have sophisticated enough teeth cleaning tools at home to access teeth roots and the areas beneath the gum line that often accumulate bacteria. Not only does this cause teeth aesthetic problems but it also can lead to the development of cavities and worse yet gum disease. A professional

hygiene treatment or deep cleaning entails the hygienist cleaning out the food detritus and plaque or hardened tartar from the tooth surfaces and tooth gaps. He stated that it?s just not worth these risks to avoid teeth cleaning services which are affordable and effective and only require 60-minutes of time twice a year. A thorough scale and polish treatment is also usually a requirement before a patient gets any type of oral surgery or dental implants too. The representative also mentioned that they do have different price tiers for their teeth cleaning services depending on how much chair time is required to achieve optimal results. It was also noted that the importance of dental cleanings should not be overlooked when it comes to preventing tooth decay, gum disease, freshening one?s breath, and avoiding other health issues that occur when bacteria that form in the mouth travel elsewhere in the body.

According to the clinic?s representative, the most impactful scale and polish treatment they use takes advantage of a method called airflow teeth cleaning. It?s a treatment that is surprisingly effective considering how gentle it is. Airflow teeth cleaning not only does a great job removing unsightly teeth stains but also gets rid of the stubborn plaque that often builds up on one?s teeth. The device that?s used generates a high-powered stream of sodium bicarbonate, water, and air to remove stains from the affected teeth and leaves the surface of the teeth extremely smooth and shiny in the process. He says that when airflow teeth cleaning is combined with professional flossing, gritty toothpaste brushing, and a fluoride application it makes for a very impactful oral hygiene treatment.

Those that have sought scale and polish treatments from this dental practice often leave glowing reviews about their experience with Forest & Ray. Tünde Kovács stated, ?I never had a bad experience at this dental clinic. The staff is very friendly and knowledgeable. I am always satisfied with the treatments I get there. I would highly recommend this clinic to anyone that needs any type of dental treatment.? CK proclaimed, ?I had a very pleasant and professional experience with Forest & Ray from the initial phone contact through to the treatment. The offices are modern and clean. I was greeted with a smiling face that put me at ease straight away. My options regarding treatments were always thoroughly explained and the price was competitive. Each treatment I received was performed professionally and safely. Well done F&R team. Keep up the good work. I will be recommending you to my friends and colleagues.?

More information on the scale and polish treatments and the other reputable dental services that Forest & Ray - Dentists, Orthodontists, and Implant Surgeons of London offers can be obtained by referring to their highly informational website.

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For more information about Forest & Ray - Dentists, Orthodontists, Implant Surgeons, contact the

company here:Forest & Ray - Dentists, Orthodontists, Implant SurgeonsDr Nikolaos Kasiteridis020 8124 6138info@forestray.dentist8F Gilbert Place, London WC1A 2JD


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Forest & Ray - Dentists, Orthodontists, Implant Surgeons

Forest & Ray is a Central London (Holborn / Bloomsbury, Camden) based dental practice offering a wide range of treatments (general & cosmetic dentistry, tooth replacement, orthodontics, periodontics, and endodontics), same-day appointments 7 days a week.

Website: https://forestray.dentist

Email: info@forestray.dentist

Phone: 020 8124 6138

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DENTAL PRACTICE