

NewMe Spa Is Offering Highly Reviewed Relaxing Massage Therapies in Nicosia

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NewMe Spa, one of the highest-rated day spas in Strovolos, is offering a range of massage therapy treatments to Nicosia residents.

NewMe Spa has been the local spa and beauty salon of choice for Nicosia clients since 2015. The spa grew from its humble origins in a small room in a shared coworking space to a 5-bedroom facility on a beautiful vintage property over 7 years. It has a perfect rating of 5.0 out of 5.0 from 9 reviews on its Google Business Profile. The spa has received the same acknowledgment of its services on its Facebook page where it also has a perfect rating from 27 reviews.

NewMe Spa?s Aromatherapy massages use a few drops of specific essential oils to completely refresh the body and mind, according to each client?s needs. Its Back, Neck, and Shoulder Massage is a half-hour massage that focuses on the upper part of the body such as the back, shoulders, and the back of the arms and neck, to reduce muscle tension and dissipate stress.

The spa?s Deep Tissue Massage is a form of bodywork geared towards athletes. It is used to help prevent injuries, prepare the body for athletic activity, maintain it in optimal condition, and help athletes recover from workouts and injuries. Athletes can opt for a Deep Tissue Massage either pre-event, post-event, or as part of a regular maintenance schedule. The Swedish Massage involves soft, long, kneading strokes, as well as light, rhythmic, tapping strokes, on the topmost layers of muscles. By relieving muscle tension, Swedish therapy can be both relaxing and energizing and it may even help after an injury.

The Lymphatic Massage focuses on the lymphatic system by draining body fluids and maintaining blood circulation. The spa also offers Foot Reflexology treatment by applying different amounts of pressure to the feet. It is based on the theory that these body parts are connected to certain organs and body systems. The spa?s Head Massage treatment relieves stress and reduces tension. It is a quick yet effective massage to ease migraines, address headache pain, lower blood pressure, improve circulation to the head and neck, and promote hair growth.

NewMe Spa also offers a custom massage treatment that it calls the NewMe Spa Special. It combines techniques of fusion and aromatherapy. It is a relaxing and effective massage that relieves tension and stress. At the same time, it also lets the client recharge their body, be mindful of the moment, and enjoy the serene atmosphere of the spa. Readers can visit NewMe Spa?s website to get an updated listing of all the massage treatments that it offers and the charges for each.

A spokesperson for NewMe Spa, which is considered to be the best spa Nicosia residents can loosen up at, talks about its services by saying ?Since we began serving our fellow Cypriots, we have always focused on three core pillars - hospitality, customer relationships, and service quality. We believe that if you treat customers the way you want to be treated and help them overcome their stress and health challenges, they will respond positively to your dedication and hard work. The amazing feedback that we have received over the years on our online profiles validates this belief. If you want to experience the same relaxing and rejuvenating spa treatments that our clients in Nicosia are so madly in love with, give us a call to schedule an appointment today.?

Some of the other treatments and services offered by NewMe Spa include facials, manicures, pedicures, laser treatment, waxing, microblading, makeup, body treatment, CPL (Calibrated Pulsed Light) photo rejuvenation treatment, Buccal Sculpting Facial Massage, REFIT, medical aesthetic treatment, and eyebrows and eyelashes.

Readers looking for the best massage Nicosia has to offer can contact NewMe Spa at +357 22256291 to

book an appointment or inquire about its many health and wellness services. The spa is open from Tuesday to Friday from 9 AM to 7 PM and on Saturday from 9 AM to 2 PM.

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For more information about NewMe Spa, contact the company here:NewMe SpaManager+35722256291newmespacy@gmail.comIthakis 11, Strovolos 2058

NewMe Spa

"Our journey began in 2015, in a small room in a shared co-working space. It was from the beginning that we dreamed to eventually grow, with our primary goal being to build a family of staff members who would further our vision.

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