



## Acupuncture a "Game-Changer" For Pregnancy & IVF in Brisbane

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Brisbane, QLD based Womb to World Acupuncture & Massage is pleased to offer acupuncture to help improve fertility in women undergoing IVF treatment. Along with helping couples avoid the incredible expense associated with multiple IVF treatments, Womb to World aims to greatly reduce the stress they experience over such periods.

According to certain studies, the number of acupuncture sessions a person may need during their IVF treatment can depend on a variety of factors. This may include their age, ovarian reserve, previous response to IVF medication and so on. While there is a point at which diminishing returns make further acupuncture treatments impractical, research has found that more sessions tend to lead to higher IVF success rates. Womb to World says their team evaluates each client to ensure they receive as much care as they need.

In order to explain how acupuncture has such an effect on the outcome of IVF treatment, the wellness centre says it is important to understand why it is known to have such low success rates. According to the National

Health Service (NHS) in the UK, the percentage of IVF treatments that resulted in a live birth in 2019 was 32% for women under 35, 25% for women aged 35 to 37, 19% for women aged 38 to 39 and so on. As this data shows, IVF treatment has a relatively low chance of success even for women under 35, and this gets progressively lower as they age. Above 42 years of age, it is considered inadvisable to continue IVF (given how low the chances of success are).

Here, Womb to World points to some sources that highlight the fact that the biggest cause of IVF failure is poor genetic quality of eggs, and they in turn are strongly influenced by their follicular and ovarian environments. These environments may fail to develop properly due to a variety of conditions, among the most common of which may be lower blood and nutrient flow. This is where acupuncture may be able to do the most to help.

The centre utilises womb massage & fertility acupuncture to stimulate their clients' bodies, promoting ovarian and uterine blood flow and even helping reduce stress levels. Further, since each client receives a thorough evaluation prior to undergoing a session, their acupuncturist can help them determine what other conditions they may have that can be addressed via acupuncture. Notably, the number and timing of sessions is important, and Womb to World will often coordinate with a client to ensure their schedule is closely tied to their IVF treatments. During the implantation phase, for instance, acupuncture treatment can help regulate the immune system (dissuading it from attacking the embryo), reduce stress, improve blood circulation and more.

Many have already witnessed firsthand how effective acupuncture can be in such situations. A recent review from Nicole L. says, "Angela is absolutely amazing! I would say, if it wasn't for her skills and knowledge, I wouldn't have my little girl. Angela is so calming, and I truly feel at ease knowing I'm in her expert hands. She is definitely an expert in her field, especially with fertility. I've been to other acupuncturists as Angela is too far from me now, and I can honestly say that none have provided me with the level of service, knowledge and skills that Angela offers. I am particularly impressed by the fact that Angela stays up to date with the latest information in her field. No words can describe my absolute gratitude for changing the course of my life! Thank you Angela. I am and always will be one of your number one fans! Thank you for being you, loving what you do, having the passion to help others and share your talent. I will be eternally grateful!"

Womb to World Acupuncture & Massage has made it their mission to help women experience successful IVF treatments, and their team is always ready to address any concerns or enquiries. Anyone interested in learning more can get in touch with the centre via phone or email. More details are also available on their website.

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For more information about Womb to World acupuncture & massage, contact the company here: Womb to World acupuncture & massage Angela Marshall 0427 277 954 info@wombtoworld.com.au Indigo Soul Wellness, 46 Shottery St, Yeronga QLD 4104

## **Womb to World acupuncture & massage**

*Womb to World has a special interests in IVF support, natural fertility, pregnancy and women's health. We focus on women's health using Acupuncture, massage and Traditional Chinese Medicine.*

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