


# The Toronto Functional Medicine Centre?s IV Lounge Looks Into IV Therapy With Glycine Amino Acids In Toronto

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Toronto Functional Medicine Centre recently published articles talking about the potential benefits of IV therapy with Glycine amino acids. The blog discusses some of the ways in which IV therapy may have a positive effect on the health of anyone who receives it. The IV therapy process was developed by health providers knowledgeable about various forms of IV therapies that may help optimize patient?s future health and wellness.

Glycine is one of the amino acids needed to repair tissue and muscle in the body. It is also important for cognitive function, chemical reactions and the production of certain elements that are essential like hormones and enzymes. It is different from essential amino acids, like tryptophan, in that the body can produce a small amount of Glycine ? but supplementation may produce additional benefits. By combining oral intake with a medley of IV amino acids and glycine it might be possible to attain a number of both physical and mental benefits. This may include improvements in athletic recovery, improved bone health in arthritic patients, improvements in sleep quality in insomnia patients, the prevention or delay of cardiovascular disease and a reduction in the damage done to the liver by alcohol.

IV treatment could be an option for anyone who may be re-evaluating their health goals. At the Toronto Functional Medicine Centre, they welcome new patients. They believe that empowerment is central to achieving optimal health and seek to inspire their patients to collaborate with functional medicine providers to come up with treatment plans that may be helpful. Their integrative therapies have the potential to help with issues that include chronic and acute pain, lack of energy, DNA repair, autoimmune disease and more. Their therapies are customized to meet the unique needs of their patients, and they are very proud to be one of Toronto?s providers of IV therapy.

The Toronto Functional Medicine Centre strives to provide safe customized IV therapy drips. Their IV infusion ingredients can include vitamin C or ascorbic acid, glutamic acid, NAD (nicotinamide adenine dinucleotide), histidine, glutathione and more. In order to determine what kind of integrative medicine therapy a particular patient may need, every patient undergo a 30 to 45 minute consultation during which they determine which nutrients should be added to the patient?s daily compounded IV therapy drip, which ingredients should be avoided in order to avoid triggering certain allergies and to answer any further questions the patient may have about IV therapy in Toronto.

The Toronto Functional Medicine Centre believes that patients should take an active role in improving their health and that it is important that they be active in the creation of their therapy plans. As the Toronto treatment centre says, ?Our clinical care focuses on the integrative functional medicine model with naturopathy, allopathic/western medicine, herbal medicine, hormone optimization programs, nutritional IV therapy, Traditional Chinese Medicine, environmental factors and genetics, to thoroughly understand your wellness goal. Maximize cellular health, restore your body?s functioning and unravel the root cause of your health concerns.?

Their approach to medicine sees each individual patient as a whole a person and a single ailment as an issue within the whole that must be rectified if the patient is to lead a happy, healthy life. Their approach to improving the health of their patients is designed to restore energy levels and cellular function while also treating both the symptoms and root cause of the patient?s condition. Their combination of therapies may have a beneficial effect on the physical, mental and even spiritual health of any given patient. For example, you can learn more about NAD IV therapy, IV therapy with NAC, IV therapy with Histidine in Toronto, and many more, by visiting the Toronto Functional Medicine Centre?s website. Those interested can contact them through the phone at (416) 968-6961, or via email at info@tfm.care. They are open from 9:00 am to 6:00 pm on Mondays, Wednesdays, and Fridays; from 10:00 am to 5:00 pm on Tuesday and Thursdays; and from

9:00 am to 4:00 pm on Saturdays.

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For more information about Toronto Functional Medicine Centre, contact the company here:Toronto Functional Medicine CentreHeather Claus(416) 968-6961info@tfm.careToronto Functional Medicine Centre55 Avenue Rd 204 AToronto, ON M5R 3L2

## Toronto Functional Medicine Centre

*Our team of dedicated health and wellness practitioners have a passion for integrative functional and naturopathic medicine healing. We strive to help each patient shift towards balanced, wholesome wellness.*

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