New Jersey's Gramercy Pain Center Offering Physical Therapy for Radiculopathy Gets Five Star Review

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Gramercy Pain Center, which is located in Holmdel, NJ, that provides physical therapy for radiculopathy, has recently received a five star review from a satisfied patient who had suffered from severe leg pain from his lower back and wasn?t able to walk long distances without suffering from significant pain. The five star review was one of many such kind of reviews that the pain center had been receiving. That they consistently received highly positive reviews is evident from their overall rating of 4.8 out of 5 stars on Google after receiving around 120 reviews.

The patient, who did not identify himself, gave them five stars and said, ?I came to Gramercy Pain Center with significant leg pain from my lower back. I could not walk long distances without experiencing significant pain. He immediately put in the prescription for my medication to ease my pain. I would definitely recommend Dr Valimahomed to friends and family. He was extremely patient and very polite. He took his time to explain the pain very meticulously and was able to answer all my questions in detail. He was very nice and kind. After my lower back injections, I felt immediate pain relief and was able to walk. I strongly recommend his services. Excellent doctor!?

Dr Ajay Varma says, ?Physical therapy is a great way to help with your back pain and radiculopathy. Some of the benefits of physical therapy include: use as an alternative to surgery; improvement of your strength and flexibility; helps you avoid future injury; reduces pain, stiffness, and spasms; provides relief from chronic pain; and helps improve function and mobility. We are really grateful towards our patients who have taken the time to leave us a highly positive review. Receiving such highly positive reviews indicates to us that we are on the right track in our goal of providing the best possible care to our patients. Rest assured that we will continue to do our best for the benefit of our patients.?

They want to point out that thousands of Americans suffer from the pain and weakness caused by radiculopathy each year. There are three kinds of radiculopathies, depending on the location of the pinched

nerve. These are: cervical radiculopathy in the neck or cervical vertebra; lumbar radiculopathy in the lower back; and thoracic radiculopathy in the upper back. This nerve condition is also typically linked with various spine problems, such as bone spur, cancer pain, herniated disc, spinal stenosis, spondylosis, and arthritis. Other causes of radiculopathy may include natural degeneration resulting from aging or spinal injury.

Treatment for radiculopathy may require using one or combining some of the following procedures: physical therapy, chiropractic medicine, pain relief medications including steroid injections, and spine surgery.

Founded in 2010 by Dr Ajay Varma, MD, DABA, DABAPM, Gramercy Pain Center employs an integrative approach to care that specializes in offering treatments and therapies that may help reduce pain and enhance quality of life. The pain center is guided by board-certified interventional pain management specialists Drs Varma and Ali Valimahomed, MD, FAAPMR. The practice combines physical therapy, medications, home exercises, and minimally invasive interventional pain management techniques to help patients get pain relief. They are focused on offering treatment for various typical chronic pain conditions, such as those caused by joints, fibromyalgia, sciatica, headaches and migraines, cancer, arthritis, those affecting the abdominal and pelvic area, the spine, and the nerves, such as spinal stenosis, herniated or bulging discs. The also provide care for sports injuries, tendinitis, and muscle strains. While they are based in Holmdel, NJ, they are also ready to serve patients from other nearby places in New Jersey, such as: Matawan, Mount Pleasant, Old Bridge, Marlboro, Montrose, Colt's Neck, Freehold, Keyport, Keansburg, Atlantic Highlands, South Amboy, and Perth Amboy.

Those who are interested in the services for pain relief provided by Gramercy Pain Center Holmdel can visit their website or contact them on the phone or through email. Those who are interested in taking a look at their 5-star review for relieving back pain can visit their Google Maps page.

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For more information about Gramercy Pain Center Holmdel, contact the company here:Gramercy Pain Center HolmdelDr. Varma(732) 788-0349info@gramercypaincenter.comGramercy Pain Center2124 NJ-35Holmdel, NJ 07733

Gramercy Pain Center Holmdel

Gramercy Pain Center offers interventional pain medicine by board-certified physicians for patients who want to manage the symptoms of their chronic conditions.

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