



## Toronto Functional Medicine Centre Explores The Benefits of Hydrochloric Acid IV Therapy

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Toronto Functional Medicine Centre (TFMC) has published new materials that explains the potential benefits of hydrochloric acid (HCL) IV therapy. While many may be aware that this acid is naturally produced in the stomach as a digestive aid, the clinic says it may be helpful when used intravenously as well. HCL IV therapy was commonly used before antibiotics (the 1920s and 1930s) for various health issues, such as tonsillitis and sinusitis. IV drip therapy with hydrochloric acid is available at TFMC in a buffered and diluted manner of 1:1500. Anyone interested in learning more about the possible benefits of nutritional IV infusions can get in touch today to schedule an appointment.

In an article titled "Hydrochloric Acid for IV therapy: Our Toronto Clinic Features Its Benefits," TFMC goes on to explain that, "Hydrochloric acid is a muriatic acid made from the stomach cells in the human body, and it's amalgamated with other gastric fluids. HCL helps break down food into energy; it also supports your stomach's acidic atmosphere and assists with warding off harmful microbes and bacteria."

This acid, therefore, needs to be available in large enough quantities to do its job correctly, which is why health care providers may administer it orally. Toronto Functional Medicine Centre explains that this may become necessary as people age, given that HCL production naturally declines over a lifetime. Certain medications and other conditions can contribute to its decline as well, and people with low HCL may experience poor indigestion, acid reflux, abdominal pain, heartburn, bloating, diarrhea, constipation and more. In addition, hydrochloric acid plays a crucial role in helping the body break down food into component nutrients that it can more readily absorb, so poor digestion can mean a person would also have trouble getting the nutrients they need - even if they were to eat a balanced diet.

Toronto Functional Medicine Centre says people may want to get themselves checked for low HCL levels if they experience fatigue or weakness, memory loss, headaches, hair loss, brittle nails and even a tingling sensation or numbness in the limbs. Should low HCL be the culprit, the answer could be as simple as taking it orally. This may aid in digestion, helping the patient absorb carbohydrates, fats and essential vitamins. Toronto Functional Medicine Centre adds that some research shows it may also go a step further and break down allergens into less harmful molecules, diminishing the negative reaction that occurs as a result of autoimmune disease.

Certain skin conditions may also be linked to low stomach acid. The clinic says that a combination of B vitamins and oral hydrochloric acid has been identified in some past studies to provide relief from skin inflammation.

When administered intravenously, a patient may experience other benefits, however, and the clinic is particularly interested in exploring this area of functional medicine. For instance, it is believed that HCL intravenous therapy may be beneficial to immune function, particularly in times where patients are more at risk from seasonal infections, such as the cold or flu. The clinic adds, "One study on ICU patients even showed that IV hydrochloric acid may be a substitute for sodium or potassium chloride jabs when treating severe metabolic alkalosis. Metabolic alkalosis is a condition in which there's an imbalance in the body's pH levels, which could hinder the immune system."

HCL intravenous therapy may play a role in improving quality of life for patients with chronic illnesses. Currently, TFMC explains it may be considered as adjunct support for patients with chronic fatigue syndrome and fibromyalgia. The clinic warns that this therapy cannot be used in conjunction with immunosuppressive drugs. This is one reason they strongly recommend that patients approach an IV therapist or functional medicine provider for guidance if they believe HCL IV vitamin therapy may help their condition. Even in cases where patients are eligible for this therapy, their dosages may have to be adjusted to their particular needs.

The clinic states, "Prior to your first administration of IV therapy, a complete diagnostic session is mandatory. This appointment will discuss beneficial ingredients for your therapy drips and whether or not you have

allergies to the drip contents. Functional medicine programs or lab testing might be recommended. After lab tests have been analyzed, we can customize your drip therapies with key vitamins or a combination of ingredients.?

Toronto Functional Medicine Centre is interested in promoting wellness at every level, and they are always willing to work closely with patients to discover what works best for their individual needs. For more information on HCL intravenous therapy, glutamic acid for IV therapy and other types of IV drip therapy, those interested are welcome to contact the clinic directly at (416) 968-6961 or [info@tfm.care](mailto:info@tfm.care).

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For more information about Toronto Functional Medicine Centre, contact the company here: Toronto Functional Medicine Centre Christina Ramos (416) 968-6961 [info@tfm.care](mailto:info@tfm.care) Toronto Functional Medicine Centre 55 Avenue Rd 204 A Toronto, ON M5R 3L2

## **Toronto Functional Medicine Centre**

*Our team of dedicated health and wellness practitioners have a passion for integrative functional and naturopathic medicine healing. We strive to help each patient shift towards balanced, wholesome wellness.*

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