

# True Potential Chiropractic Is Offering Affordable and Effective Massage Therapy Services in Beaverton

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Local clients consider the highly rated Oregon chiropractic clinic True Potential Chiropractic to be the best provider of massage therapy Beaverton has to offer. The clinic is encouraging residents from Beaverton and nearby areas to find out more about the various modalities that its LMTs (Licensed Massage Therapists) are adept in.

Chiropractors often recommend massage therapy as a way to address the musculoskeletal issues faced by their patients. Massage therapy can help increase blood circulation, reduce swelling, relax muscles, relieve muscle pain and spasms, and aid in spinal correction. When administered by an LMT, massage therapy can also target specific conditions or injuries.

At True Potential Chiropractic, a team of LMTs works together with experienced chiropractors to correct muscular and joint imbalances, compensations, and dysfunctions resulting from a range of conditions such as whiplash and other car accident injuries, TMJD (jaw issues), strains, sprains, and muscle cramps, traumatic injuries including slips and falls, headaches, neck pain, and back pain, and post-surgery pain and discomfort.

A spokesperson for True Potential Chiropractic, considered by many as the best clinic for corrective care Beaverton has to offer, talks about the value that its massage therapists bring to the table by saying, "Our LMTs use solution-focused approaches that are tailored to your needs. They are experts in rehabilitative deep tissue modalities. Their years of experience give them the ability to discern the root cause of your health complaints accurately. Using their best judgment, they can choose from a wide range of modalities to improve the range of motion and function of the body's joints and muscles. You will also find them extremely receptive to your health concerns regardless of your age, gender, race, culture, or ethnicity. This professionalism extends to their welcoming and cordial demeanor which will put you at ease and let you completely focus on your recovery. After your appointment, the LMTs at TPC will also provide you with all the information you need to practice self-care at home."

The current team of LMTs at True Potential Chiropractic Beaverton consists of Andrew, Athena, and Faith. Andrew has nearly 10 years of experience with a background in medical (8 years) and spa (5 years) massages. He specializes in pregnancy, shoulders, and trigger point therapy while also offering other modalities such as sports massage, stretching techniques, active release techniques, and cranial sacral therapy work.

Athena specializes in Swedish massages, deep tissue massages, myofascial cupping, essential oil aromatherapy, and Eastern influences, such as Tui Na, Shiatsu, Gua Sha, and Lomi Lomi massage. Faith also has nearly a decade's worth of experience working exclusively with chiropractors and acupuncturists. She specializes in deep tissue massages, trigger point massages, Swedish massages, and intra-oral massage therapy and has trained in reiki and craniosacral therapy.

The services offered by True Potential Chiropractic Beaverton have resonated with Oregonians. The chiropractic clinic has a perfect rating of 5.0 out of 5.0 from over 320 reviews on its Google Business Profile. One reviewer talks about how the clinic helped them achieve their long-term health goals by saying, "I've been going to True Potential Chiropractic for about a year now and they are amazing every time. I have, for maintenance reasons, to prevent injury or to heal injuries faster, been doing chiropractic and massage therapy for 25 years. These are some of the top therapists and chiropractors I've seen."

Another reviewer details the remarkable recovery they had following treatment at True Potential Chiropractic by saying, "I had a shoulder injury earlier this year from weightlifting that was really painful and not only prevented me from lifting anything heavy but also activities of daily living and mom life. Going to TPC for regular adjustments and massage, coupled with physical therapy was the combination for success! After a few months, I am back to being able to hold my toddler."

Readers looking for the best chiropractic massage Beaverton has to offer can contact True Potential Chiropractic at (503) 574-4872 or [info@tpcportland.com](mailto:info@tpcportland.com) for bookings and inquiries.

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For more information about True Potential Chiropractic, contact the company here: True Potential Chiropractic Dr. Bryen Bell 503-574-4872 [drbell@tpcportland.com](mailto:drbell@tpcportland.com) 8283 SW Cirrus Drive Bldg 15 Beaverton OR, 97008

**True Potential Chiropractic**

*True Potential Chiropractic is an award winning wellness center located in Beaverton OR. TPC is able to assist from prenatal to adults with their pain relief, personal injury and corrective care. Bodywork, stretch and chiropractic therapy is available.*

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