

Toronto Functional Medicine Centre Explains the Importance of Lipotropic (MIC) Injections in Toronto

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TORONTO, ON - November 22, 2022 -
Toronto Functional Medicine Centre in Toronto, ON, Canada, has recently released a blog post that explains the use of lipotropic (MIC) injections in Toronto for weight management. These injections should be used in combination with other weight-loss strategies, such as diet, exercise, and nutritional supplements. The article points out that there may be health advantages of undergoing lipotropic injection treatments. These may include: improved skin characteristics; potential support for the reduction of inflammation; modest reduction of symptoms of chronic liver disease; and the potential for enhancing muscle and cardiovascular health.

The lipotropic (MIC) injection is made up of methionine, inositol, and choline. Methionine is an amino acid that acts as an antioxidant that stimulates the human body to produce somatotropin, which is a hormone that triggers the burning of fat. For people whose health goals require exercise, methionine may help in improving physical performance and tissue repair, as well as with energy levels and lean muscle mass. Methionine may also help with getting rid of toxic chemicals that could hamper metabolism and cause DNA damage, such as heavy metals.

Meanwhile, inositol is a unique form of sugar that has been noted to contribute to the improvement of brain function and in the balancing of neurotransmitters. It has also been observed to help with insulin resistance, which is the condition where the body tends to ignore insulin signals. In one study involving women with gestational diabetes, inositol was found to be advantageous for managing insulin resistance.

And finally, choline is a nutrient that may promote liver health by keeping cholesterol homeostasis. It may help the body in metabolising fats and breaking down fats for production of energy. Choline has been found to be helpful in preventing conditions such as fatty liver or excess fat in the blood. In addition, its efficient metabolism of fats has also been found to offer a better level of satiety, which results in reduced consumption of calories, with the ultimate result of weight loss.

The functional medicine providers at Toronto Functional Medicine Centre may be consulted with regards to weight loss goals. Some of the therapies that may be used include MIC injections, vitamin B12 shots, and supportive UV nutrient therapy drips. Vitamin B12 may help in enhancing brain health and blood cell production, and is provided in the form of an intramuscular shot.

Meanwhile, IV nutrient therapy, which consists of administering doses of nutrients directly into the vein may help replenish nutritional deficiencies that may hinder metabolism. For instance, zinc in IV therapy is one of the essential nutrients that are recommended to help in promoting the healing of damaged tissues and in improving immune function. Other nutrients that they may include in the IV therapy drips are a combination of amino acids, mistletoe, glutamic acid, nicotinamide adenine dinucleotide (NAD+ IV therapy), various minerals, and more. They also offer the high-dose vitamin C drip that may help in minimising seasonal infections and in aiding the immune function.

The Toronto Functional Medicine Centre employs integrative functional medicine therapies such as naturopathic medicine, acupuncture, IV therapy, allopathic medicine and more to elevate their patients' health. Those who would like to know more about lipotropic injections and other nutrients can check out the Toronto Functional Medicine Centre website or contact them through the phone (416) 968-6961 or by email info@tfm.care. They are open from 9:00 am to 6:00 pm on Mondays, Wednesdays, and Fridays; from 10:00 am to 5:00 pm on Tuesday and Thursdays; and from 9:00 am to 4:00 pm on Saturdays.

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Toronto Functional Medicine Centre

Our team of dedicated health and wellness practitioners have a passion for integrative functional and naturopathic medicine healing. We strive to help each patient shift towards balanced, wholesome wellness.

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