



Insurance Covered CPAP

Insurance Covered CPAP Explains Why Getting Better Sleep with a CPAP Machine Matters

November 15, 2022

November 15, 2022 - PRESSADVANTAGE -

Insurance Covered CPAP, a MedSource LLC company, has recently released a blog post titled, "Why Getting Better Sleep with a CPAP Machine Matters." The article points out that studies have shown the importance of having good night's sleep because it has been observed that there is a connection between not having sufficient sleep and serious health problems, such as heart attacks, heart disease, obesity, and diabetes.

A spokesperson for Insurance Covered CPAP says, "Using a CPAP machine can treat sleep apnea, which is one of the most common reasons people are sleeping poorly. Sleep apnea is a serious sleep disorder during which breathing repeatedly starts and stops. A good night's sleep can help increase serotonin, the chemical messenger that acts as a mood stabilizer. Getting a solid 7 to 9 hours of sleep every night can help your body produce the right amount of serotonin. Any less and your body may go into a state of stress, putting your health on high alert and potentially causing high blood pressure and the production of stress hormones."

Thus, an important mental health benefit of having a good night's sleep is less risk of suffering from depression and stress. In addition, having better sleep may reduce pain. Thus, having enough sleep means the body will feel less pain and the pain threshold will be higher. Furthermore, those who don't have enough sleep because of sleep apnea may lose certain portions of their memory. This is because sleep helps the brain in processing and consolidating memories accumulated during the day. If there is not enough sleep, the memories are not being stored properly.

Experts also agree that better sleep can help with weight loss goals. This is because the body produces leptin while asleep. Leptin helps a person feel full, which means less feelings of hunger and overeating.

Sleep apnea is a condition where the breathing of a person temporarily stops while asleep because of the presence of an obstruction in the airway, which is usually due to the relaxed throat muscles. This causes the person to wake up although the person may not realize it. As the person awakes, the throat muscles tighten and the obstruction is removed and access to oxygen for the body is restored. This causes the person to fall asleep again but the cycle repeats itself several times during the night. This causes an interrupted sleep pattern that studies have shown to have a negative impact on the person's health.

To prevent the problem caused by sleep apnea, the continuous positive airway pressure (CPAP) machine pumps a continuous stream of air that passes through a filter and then goes to the mask worn by the patient. Those who think they are suffering from sleep apnea can consult with their physician and obtain a prescription for a CPAP machine. After getting the prescription, the patient can fill out an online form available on the Insurance Covered CPAP website. Insurance Covered CPAP will then contact the patient's insurance provider and submit the paperwork on the patient's behalf and once approved, they will deliver the CPAP machine to the patient. They will also provide the necessary supplies at regular intervals as required by the patient. A spokesperson for Insurance Covered CPAP says, "To find out if your insurance covers a CPAP machine and supplies, fill out our Qualify Through Insurance form. Once your insurance company approves it, we will ship your CPAP machine, mask, and supplies directly to your address."

MedSource LLC, the parent company of Insurance Covered CPAP, was established to make available high quality medical products and services to help patients have better outcomes and enhance the quality of their life. They are accomplishing their goal by offering excellent support and service, a broad range of expertise, and the best possible health care for patients. They have focused their efforts on making it easy and simple for patients to get needed home medical products and services through the help of insurance.

People who would like to know more about the services provided by Insurance Covered CPAP can check out their website at insurancecoveredcpap.com or contact them through the telephone.

###

For more information about Meet Positives 9, contact the company here: Meet Positives 9 Customer Support (312) 448-8310 support@meetpositives.com 10 S Riverside Plaza #875, Chicago, IL 60606

Meet Positives 9

MeetPositives.com is an online dating website AND social platform that seeks to connect people who are infected with an STD/STI with other impacted people.

Website: <https://meetpositives.com/>

Email: support@meetpositives.com

Phone: (312) 448-8310



Powered by PressAdvantage.com