Revival Products Recommends Soy Shakes For Menopause Relief

December 12, 2022

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Kernersville, NC based Revival Products Inc. is encouraging women across the USA to consider using the company?s soy shakes for menopause relief. Revival Products has developed an entire line of products that utilize the extraordinary properties of soy, and many customers have already made soy shakes a regular part of their diet to help with menopause symptoms.

When Revival Products first began looking into soy?s various uses, they paid close attention to studies that showed that only about 10 - 20% of women living in Asia experienced hot flashes during mid-life. Given that an estimated 80 - 90% of Western women experience hot flashes during the same period, soy appeared to show a great deal of promise in relieving the discomfort many feel during menopause. According to the company, this research has been conducted for a couple decades at least, and many prominent names in the industry now believe that soy can indeed help relieve mild common discomforts associated with menopause.

The company has freely shared several articles and resources on their website that touch on this research and its conclusions. For instance, one article on the subject states, ?A new menopause research study compared the effectiveness of a soy shake or a placebo on menopausal discomforts in 60 Brazilian women

between the ages of 40 - 60 years and had become postmenopausal. The soy shake used in this randomized, double-blind, placebo-controlled study was given in two portions per day and provided a total of 24 grams of protein and 90 milligrams of isoflavones (53 milligrams in aglycone equivalents). Study volunteers received the placebo or shake daily for 16 weeks. Changes in somatic (e.g. hot flashes) menopause discomforts were measured with the Menopause Rating Scale at the beginning and end of the study. The study investigators reported that improvements were observed in hot flashes in all groups of postmenopausal women; however, improvements were substantially greater in the soy shake group (about 50%) compared to the placebo group (about 30%).?

However, discovering this link between soy protein and menopause relief was only the first step. Revival Products understood that adopting a more soy-rich diet would constitute a lifestyle change for many people, and they would be more likely to give it up if the transition proved to be too difficult to sustain. The company therefore set about creating a line of products that would make it more convenient for their community to make the change. Since most people are comfortable having shakes, the team decided to make this one of the mediums through which their customers could have their recommended daily intake of soy.

They were also aware that few would want to keep taking soy shakes if they did not taste good. As many customers have already discovered to their delight, Revival Products was also able to impart great flavor in their shakes. Today, the company?s customers can enjoy a soy shake for its excellent taste as well as its nutritional benefits.

Revival Products is proud to share that they are the only soy brand in circulation that offer a Great Taste Guarantee. Customer satisfaction is of paramount importance to the company, and the taste of their shakes is one reason they believe customers keep coming back. The company is so confident in their shakes that customers are assured the opportunity to exchange them for another Revival product if they are not satisfied for any reason. They may also request a refund for the unused portion of the product within 30 days of the order date.

Soy has many uses, and the company has also enjoyed some success in helping customers get enough soy protein for weight loss, for example. Other data suggests that soy can reduce the risk of heart disease, osteoporosis and so on. The company advises customers to consult with their doctor prior to starting any diet or exercise plan, but once they receive the go-ahead, they can turn to Revival Products for all their soy-related needs. Further details on the company?s full series of soy products can be found on the official Revival Products website.

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Revival Products Inc.

Revival Soy is a brand of soy food and supplement products that help with many elements in health and fitness including the menopausal transition.

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