



## **Unlocking The Body Massage Therapy Offers Massage for Women in Puyallup**

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Unlocking The Body Massage Therapy, a medical massage clinic in Puyallup, WA, is offering massage for women in Puyallup and surrounding areas. The medical massage they provide is results oriented and the treatment offered is intended to offer a solution for the health issues that have been diagnosed and prescribed by a physician, naturopath, or chiropractor. The massage therapist may employ a range of procedures or modalities during the treatment but will only focus the medical massage on those parts of the body that are connected to the diagnosis and prescription.

There are range of benefits available through medical massage therapy. These include: the release of tight and sore muscles that can cause ischemia; deactivation of myofascial trigger points, which are those parts with high neurological activity; reduction of pain and inflammation; release of tension or muscles in spasm; release of toxins like lactic acid created by muscle tissue during exercise; restoration of the strength and suppleness of the muscles; alleviation of stress and improvement of blood circulation; aid in digestion because massage enhances digestive motility; enhanced flexibility and range of motion; calming of the nervous system; improvement of posture and coordination; and prevention of future chronic pain conditions.

People can also get massage gift certificates in Tacoma from the Unlocking The Body Massage Therapy website. There are two options for delivery of the gift certificates: paper mail or email. The gift certificates will retain their value and will not expire, according to Washington State laws. If there is a change in the price of the services or products offered, the certificate can be redeemed using the dollar amount originally purchased. If the appointment for the services is booked using a gift certificate and later cancelled in less than 24 hours, the certificate may be redeemed toward service based on their cancellation/no show policy. The gift certificate purchases cannot be refunded but are redeemable for the amount originally purchased towards any product or service offered within their facility.

They also offer other kinds of therapy, such as ashiatsu massage. This is the DeepFeet Bar Therapy Method where the therapist will do broad, smooth, deep strokes with warm massage oil and proper draping. By utilizing the broad surface of the foot and gravity, this method can achieve a lot more compared to conventional massage using the hands.

There is also the breast-chest massage, which may be used to resolve various breast-related conditions. These include; breast-chest pain; radiation or chemotherapy; gender affirmation; ?explant? surgery; lymphadenectomy or lumpectomy; elective surgeries; fibrosis; gynecomastia surgery; capsular contracture; and lactation support.

They also offer cupping therapy, which applies suction and negative pressure, which may help in loosening adhesions, softening tight muscles, and separate layers of connective tissue for the purpose of bringing blood and hydration to body tissues. Massage cupping is also versatile and it can be easily adjusted to achieve a range of techniques, from deep tissue myofascial release to facilitation of lymphatic drainage. It pulls toxins, dead lymph, pathogenic factors, and cellular debris from deep within the tissues of the skin, allowing the toxic agents to be expelled more easily from the body.

Started in 2008, Unlocking The Body Massage Therapy is a medical massage clinic in Puyallup, WA, that is focused on insurance based massage therapy provided by private insurance companies such as Regence, First Choice, Cigna, and many others. They also provide therapy for work-related injuries and motor vehicle accidents. They will provide that particular massage therapy that is suitable for each client, applying a combination of medically based relaxation therapies and approaches. They are keen on maintaining their reputation of being the best massage clinic in the area and their massage therapists have several years of experience but they continue to improve their skills and knowledge.

When in need of massage therapy in Puyallup and neighboring areas, people can check out the Unlocking The Body Massage Therapy website or contact them through the telephone or via email. They are open on

Mondays, from 8:00 am to 7:00 pm; Tuesday to Friday, from 8:00 am to 8:00 pm, and on Saturdays, from 8:00 am to 3:00 pm.

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For more information about Unlocking The Body Massage Therapy, contact the company here:Unlocking The Body Massage TherapyJennifer Bull(253) 970-8256info@unlockingthebody.com8112 112th St Ct E, Puyallup, WA 98373

## Unlocking The Body Massage Therapy

*Established in 2008, Unlocking The Body is a Massage Therapy Clinic in Puyallup. We accept Health Insurance, Car Accidents, Work Related Injuries, as well as Private Pay for general wellness or stress relief in our day spa.*

Website: <https://www.unlockingthebody.com/>

Email: [info@unlockingthebody.com](mailto:info@unlockingthebody.com)

Phone: (253) 970-8256

