



**T E R S I G N I
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Portland Vision Correction Center Tersigni Vision Answers Questions About Recovery Following LASIK

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Tersigni Vision, the premier vision correction facility in Portland, Oregon, recently published an article about what LASIK recovery is like. In the article, Dr. Tersigni answers questions about what patients can expect while they are recovering from LASIK eye surgery. He also answers the most frequently asked questions about the procedure.

LASIK procedures provide vision correction for people with nearsightedness (myopia), farsightedness (hyperopia), and astigmatism. LASIK is often regarded as transformative by patients who opt for it. Patients undergoing LASIK get to live the rest of their lives with unaided vision, a luxury that many of them have had to live without for several years or, in some cases, may have never experienced.

In the blog post, the medical staff at Tersigni Vision says that though the LASIK procedure only takes about 15 minutes, patients should plan on spending at least 2 hours at the Portland vision correction center. After the surgery, patients will be unable to drive home and may need to rerun some tests that were originally performed as a part of the diagnosis. The center's surgical technicians will also provide patients with post-operative instructions and protective eye shields to wear while they sleep during the recovery phase.

The first 6 to 12 hours are the most critical part of the healing process. Later, depending on the patient's unique biology, they may need anywhere from 24 hours to 5 days to start seeing clearly following the procedure. Some patients may also experience blurred vision, glare or halos, and vision fluctuations for a few weeks. For the eye to completely heal from LASIK it takes anywhere from four to six weeks.

Dr. Tersigni answers some of the most frequently asked questions about the recovery process by saying, "Our patients often ask us if the LASIK procedure is painful. The answer is no. Some patients might face mild discomfort during or after the procedure but we have all the medical aids required to alleviate it. In case you are worried about the disruption to your regular life, you can rest assured as most patients generally resume reading, looking at computer screens, watching television, and driving, around 48 hours after the procedure. Your recovery time may vary based on the details of your case. Regardless, you can always rely on your doctor to guide you precisely in this matter."

The LASIK recovery Portland article from Tersigni Vision also goes on to offer several actionable tips on how to speed up recovery time after LASIK. These include using eye shields when sleeping, reducing screen time, avoiding rubbing eyes or touching them, taking it easy and resting as much as possible, attending all follow-up visits, using eye drops prescribed as directed, avoiding wearing cosmetics or face lotion for one week, wearing sunglasses when in bright light, avoiding contact sports, swimming, and hot tubs, and following the LASIK surgeon's instructions to a tee.

Dr. Tersigni goes on to address the doubts that some patients may harbor about the highly sought-after surgery by saying, "LASIK is a mature surgical procedure that has been around for several decades now. As a result, you have nothing to fear when you opt for LASIK, especially when you are at Tersigni Vision. Our highly trained team has helped countless patients free themselves from the hassle of spectacles and contact lenses and see the world in a whole new light, quite literally! Since we offer the entire portfolio of modern LASIK alternatives available, we can serve you no matter your current condition. If you still have second thoughts, please visit our website, and browse the several articles we have published on the topic. They will ease your mind if you have any fears regarding the procedure. When you are ready, book an appointment with us at our Lake Oswego LASIK center."

Readers from Portland and nearby areas can contact Tersigni Vision at (971) 362-2020 or info@tersignivision.com for inquiries or to schedule a Tersigni Advanced Vision Ocular Analysis.

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For more information about Tersigni Vision, contact the company here: Tersigni Vision Dr. Steven Tersigni (971) 362-2020 info@tersignivision.com Tersigni Vision 15150 Bangy Rd Lake Oswego, OR 97035

Tersigni Vision

A Modern LASIK and Vision Correction Boutique in Portland, Oregon. Tersigni Vision is the only vision correction center in Oregon to offer the entire portfolio of modern LASIK alternatives.

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