



Smart Kitchen Teaches People How To Cook Everything

November 24, 2015

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Smart Kitchen, an online cooking school in Scottsdale, AZ, has launched a new online training course through its website. The 'How to Cook Everything' course is said to deliver exactly what it claims: the ability to cook anything. It is available in three different levels (beginner, intermediate and advanced), to make it accessible to culinary students of any ability.

"Our course has already been used by over 2,000 culinary institutions," says Perry Herst, founder of Smart Kitchen. "The pros have tested and approved it, now individuals can do the same. You can learn how to cook anything in very little time, as well as a Michelin star chef. And those chefs are already starting to use our site as well!"

The course starts with a beginner foundation, which includes 285 quick start exercises. The second, intermediate, level includes 197 exercises designed to improve skills. The final, advanced, level includes another 107 exercises designed for that skill. People can enter the course at any level they want. However, well-known chefs recommend that even the most advanced cooking enthusiast should start at the beginning.

"Even a completely established chef with their own restaurant should start at the beginner level," says one celebrity chef who has completed the course. "The exercises build a strong foundation and, while a good chef should be aware of all those skills, it is still good to have a bit of a refresher."

Smart Kitchen has built the course working together with some of the best chefs in the world, who continuously share their skills to improve further courses. Their goal is to make sure anybody is able to make delicious, restaurant quality meals with the greatest ease. In so doing, they also aim to promote healthy eating, as dishes are prepared from scratch, using fresh ingredients.

Those interested in the course are recommended to sign up through the smartkitchen.com website. The signing up process is easily laid out and takes just a few minutes to complete. From there, people can instantly start learning how to cook like a professional, exploring new tastes and cooking techniques.

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