Gramercy Pain Center Holmdel Offers Cervical Spinal Stenosis Treatment

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Gramercy Pain Center, a Holmdel, NJ based pain clinic, would like to talk about some of the treatments a patient may undergo for cervical spinal stenosis. The clinic helps patients who are experiencing neck pain, numbing or tingling at the shoulders or other extremities. Cervical spinal stenosis is best treated as soon as possible, and by taking action as soon as the symptoms first begin to appear, a patient can ensure that they promptly get the treatment they need. Gramercy Pain Centre has the tools and experience needed to ensure that each of their patients receives the very best care possible.

?Muscle tenderness, neck pain and other signs of weakness may be common signs of aging that many would just shrug off,? says Gramercy Pain Center. ?But if we're dealing with chronic pain, you might want to get checked by cervical spinal stenosis specialists. We offer an integrated spinal stenosis treatment with the help of our board-certified specialists. With our support staff and world-class services, patients will receive the utmost care on their road to pain management. Our solutions are tailor-fit for each patient depending on their medical conditions. Cervical spinal stenosis is a chronic condition where the spinal nerve root passages and/or the spinal canal in the neck narrow down, resulting in the spinal nerves and/or spinal root becoming compressed. Patients with cervical stenosis may experience numbness, tingling, pain, and muscle weakness, which can worsen over time if left untreated.?

There are several different types of spinal stenosis, and it is important to know the symptoms in order to identify one type of spinal stenosis from another. The symptoms of cervical spine stenosis are neck pain, tingling or numbness of the extremities, muscle weakness, problems with balance, loss of function in the hands and loss of bowel or bladder control in severe cases. A reliable spine center can offer a wealth of solutions for cervical stenosis. They prescribe pain medications as well as surgical treatment, aimed at improving their patients quality of life.

The condition can be caused by a number of factors and generally occurs in older patients. Often patients may have endured pain in their neck for a long time only to discover that it is cervical stenosis. Some of the causes of cervical spinal stenosis are degeneration due to aging, injury, poor posture, smoking and

osteoarthritis. Anything that can cause the narrowing of spinal nerves or nerve compression could potentially cause cervical and lumbar spinal stenosis.

A number of people who have visited Gramercy Pain Center have left excellent reviews of the clinic. Stephon H. says about their experience, ?During my appointment, Dr. Varma listened carefully to all my concerns and offered excellent suggestions and treatments. His staff is very friendly. Visiting Gramercy Pain Center is both personally and professionally satisfying for me. Thanks to Dr. Varma and his staff, we were able to find comfort and relief by focusing on the root causes and roots of the pain. Without hesitation, I highly recommend Gramercy Pain Center.?

Another patient, Millie M., says, ?Dr. Varma shows a vast knowledge of the pain care profession. He is familiar with a number of treatment options and has adjusted his treatment plan to meet my needs. He is very patient, listens well and communicates with me in detail. He is working towards a diagnosis instead of medications only. A year ago, Dr Varma operated on my back and gave my life back to me. Before the surgery, I was having severe pain down my left leg. I could barely walk. Now, I have absolutely no pain. I am enjoying walking, kayaking and just living my life.?

For more information on Gramercy Pain Center Holmdel and their cervical spinal stenosis treatment, those interested may visit the clinic?s website. Their spinal stenosis specialists are ready and willing to help patients find relief from the symptoms and complications associated with spinal stenosis and related conditions. Anyone can get in touch to book an appointment or learn more about the clinic?s services.

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Gramercy Pain Center Holmdel

Gramercy Pain Center offers interventional pain medicine by board-certified physicians for patients who want to manage the symptoms of their chronic conditions.

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