



Shadow Mountain Recovery Educates on How Long Fentanyl Can Stay in Your System

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Shadow Mountain Recovery, based in Santa Fe, New Mexico, has published a new article on fentanyl and how long it stays in a person's system, available on their website. The recovery center offers many different options to individuals managing substance use.

Fentanyl is an artificial opioid with a short half-life. It is mostly utilized in medications to aid people who are experiencing excruciating pain, typically following surgery. "Short-acting" refers to a substance's rapid absorption, rapid onset of action, and rapid elimination from the body. Depending on the kind of fentanyl used, fentanyl takes a certain length of time to start making an impact. Fentanyl injections, which are frequently used in medical settings, offer relief nearly instantly. Fentanyl that is ingested in the form of pills or nasal sprays typically begins to take effect within 30 minutes but wears off four to six hours later. The effects of fentanyl patches also persist longer but take longer to begin acting (often a day or two). As it has a short half-life, the body has less time to get used to not having the drug in it after stopping use. This can lead to very unpleasant withdrawal symptoms, which are difficult to manage alone. The recovery center offers a range of detox services to manage this. They understand that all of their clients are unique, which is why the team offers many paths that lead to their client's goals of healing and recovery.

Many factors can impact how long a substance stays in a person's system. Due to fentanyl's short-acting nature, it will affect a person and leave their body within a small time span, but this can still vary between individuals. Factors such as age, the length of time the drug has been used, the person's metabolism, and other substances in their system can all influence the longevity of fentanyl.

There are a few ways to test for chemicals in a person's system, and each test has a different range for how long the results will remain accurate. Blood, urine, and hair samples are the three main testing methods for fentanyl. Fentanyl cannot be reliably or long-term identified in saliva, hence there is no fentanyl testing done in this medium. Blood tests are a reliable way to find fentanyl, although they are less frequently used than urine or hair testing (since they can be costly and invasive). Blood tests can identify fentanyl up to two days after the last use. One of the most popular techniques for checking for fentanyl use is urine testing. Urine testing can reveal the presence of fentanyl as soon as 2-3 hours after intake. Within three days of the last use, positive findings for those who took fentanyl can be found. Compared to other bodily components, hair has a tendency to hang onto chemicals for a very long time. It has been demonstrated that fentanyl can still be found in hair follicles 90 days after the last time it was used.

When it is time for a prescription to end, for someone taking fentanyl therapeutically, the majority of doctors will gradually wean the patient off of medication. This lessens the possibility of withdrawal symptoms and provides the body some time to become used to having no fentanyl in circulation. It can be challenging to stop taking a narcotic that one has been using for some time, but fortunately, with fentanyl, the withdrawal symptoms people experience are almost never dangerous (beyond being uncomfortable). Cold flashes, shakiness/uncontrollable limb movements, cravings, trouble sleeping, diarrhea, vomiting, and muscle and bone aches are a few of the withdrawal adverse symptoms that are most frequently experienced. The side effects of fentanyl withdrawal can start affecting someone as early as a few hours after the last use of the substance. It can be difficult to stop taking a substance alone, especially when taking it again could alleviate the pain and discomfort. Shadow Mountain Recovery's article provides more about what the center can offer in medically assisted withdrawal and other recovery programs for those trying to manage fentanyl use disorder, or other substance use disorders. The resource also provides information on behavioral changes and signs that could help loved ones identify if someone needs help.

Established in 2006, Shadow Mountain Recovery is a modern, innovative healthcare organization offering a path to recovery to those working to manage substance use and mental health disorders. They offer programming for every level of addiction treatment and then ongoing support for the affected individual. Their well-rounded treatment has been proven to help the person establish new life patterns through the application of effective therapeutic strategies in combination with the philosophy of 12 Step recovery and participating in physical and recreational activities as a method of self-expression. To learn more about their services, one may visit their website or contact them directly via phone or email.

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Shadow Mountain Recovery Santa Fe

Shadow Mountain Santa Fe is a unique drug rehab built around helping you heal and rebuild. Our detox and residential facility is a unique opportunity for our clients to reconnect with themselves.

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