

Miridia Technology Releases FDA-Approved CES Ultra Device

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Miridia Technology Inc., a company based in Meridian, ID, has announced the release of the CES Alpha Stim therapy device called the CES Ultra Device that is now FDA approved for the natural treatment of anxiety and insomnia. This is a modern medical device that utilizes mild electrical stimulation to help in the treatment of various mental health problems. It offers a non-addictive and non-invasive treatment option that has been used successfully by mental health professionals for the treatment of anxiety, insomnia, depression, headaches, chronic pain, and other psychological and physical issues. The exact mechanism of how it works is still unclear, but it is believed that it stimulates the natural production of neurotransmitters in the brain, such as noradrenaline and serotonin, which are vital for the regulation of mood and other mental functions.

The Alpha Stim device is a hand-held, electronic device that provides a mild electrical stimulation to the brain via the skin. It is usually applied to the forehead or temples, and treatment lasts for about 30 to 45 minutes. It is generally regarded as safe and well-tolerated by most of the people who have used it. The side effects were usually mild and include nausea, dizziness, skin irritation, and headache. Serious side effects are rare and usually involve the stimulation of nerves or muscles in the part of the brain where the device is applied.

Meanwhile, in the article titled, "My Anxiety Is Gone," Kara Howell relates how using the CES Ultra device was the unexpected solution for her anxiety, which began in 2020 when she had trouble sleeping for several nights in a row. She suffered from anxiety all day and all night for weeks and she started to look for answers. She tried relaxation and meditation, and even cognitive behavioral therapy but none of them appeared to work for her. And her lack of sleep was actually making her anxiety worse because it turned out that anxiety and insomnia was a vicious cycle. The lack of sleep resulted into mood disturbances that caused her feelings of fear, anxiety, and paranoia to worsen. And the worsening anxiety during the day made it even harder for her to fall asleep at night, causing the insomnia to become worse.

The solution came from a little device her father, who is a chiropractor and acupuncturist, had discovered at a

trade show for holistic healthcare technologies 10 years ago. They were little children then and their father would let them use the microcurrent device whenever they had difficulty sleeping. Now that they were grown up, the little device was forgotten and kept in a drawer unused for many years. Her dad assured her that the device has been proven to work and to be safe, and that it was completely painless. She just needed to clip the little black clips onto her ear lobes, turn it on, and adjust the stimulation level according to her comfort level, and it will treat the anxiety in her brain as she went through her activities throughout the day.

She was surprised to find out that the CES Ultra device actually started to have an impact on the first night. For the first time, she was able to sleep for 6 hours straight that night. And the following morning when she woke up, she found out that much of the physical anxiety was gone although there were still some worries. After regularly using the device everyday, two times a day, her anxious feeling were practically gone. And after several more weeks, her anxious thoughts started to become minimal. In the following months, she did experience some relapses, but they only lasted for a few hours or just a single night of difficulty in sleeping. Currently, both her anxiety and insomnia are gone. Studies have also shown that CES Ultra may also help with depression, learning and memory, focus, and stress-relief.

Those who are interested in learning more about how to fix insomnia naturally with CES can check out the Miridia Technology website or contact them on the phone or through email.

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Cranial Electrotherapy Stimulation (CES) is a safe, painless microcurrent treatment scientifically proven to treat anxiety and insomnia in children, teenagers and adults alike. Approved by the FDA.

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