True Potential Provides Chiropractic Massage In Beaverton

December 31, 2022

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True Potential Chiropractic, a Beaverton, OR based chiropractic center, would like to inform local residents of the professional chiropractic services that are at their disposal. True Potential Chiropractic provides corrective care, greatly improving the physical and mental health of their clients. Each client is seen and treated as an individual with unique needs, and this is why True Potential Chiropractic is considered one of the top chiropractic treatment centers in Beaverton. With highly qualified massage therapists and state-of-the-art facilities, True Potential Chiropractic makes the massage experience more pleasant for everyone. See more here: Corrective Care Beaverton.

?We at TPC don't do guess work, we do test work,? says True Potential Chiropractic. ?Our Chiropractic Physicians utilize digital X-ray studies to determine the core of the problem along with re-exams and post X-rays to track progress and show proof of the results. After a detailed doctor?s report, we provide spinal correction, utilizing gentle, corrective chiropractic techniques. Trust the professionals. These advanced correction methods are safer, more comfortable and more effective than ever before. We teach our patients special corrective exercises to help strengthen and correct their own unique problems. These exercises are typically performed in-office or in the comfort and security of your own home. Corrective exercises improve the effectiveness of your neuro-spinal correction. Life is movement, which is why our FlexFit movement workshops are also a great way to optimize results.?

At True Potential Chiropractic, they rely on the latest in wellness and heart rate variability research to determine a person?s longevity and ability to handle stress. True Potential Chiropractic makes use of the HRV test to determine what they call the ?general adaptive potential,? which determines what mode of treatment might be best for any given client. The chiropractic center bases their recommendations on biomarker data and not just how the patient looks or feels.

The center offers a natural, conservative approach to chiropractic massage that relieves musculoskeletal issues. Their office provides some of the best therapists for specific soft tissue therapy that is tailor-made to help every patient with any issues they may be having. Some of the benefits of their chiropractic treatments

include increasing blood circulation, reducing swelling, relaxing muscles, relieving muscle pain and spasms and more. It can also aid in spinal correction, which in turn can enhance the overall results of the adjustment. Learn more at the following link: Chiropractic Massage Beaverton.

True Potential Chiropractic also seeks to help the community in any way they can. Their outreach programs, which include health talks and onsite events, aim to educate the community about the facts and science behind leading a healthy lifestyle, among other subjects. They also provide scoliosis screening for children in office and at various other locations and events. At True Potential, they see the value in education over treatment, which is why they strive to try and better people?s health through education in any way possible.

A number of clients have left excellent reviews of the chiropractic clinic online. Tina M. says in a glowing review, ?True Potential is welcoming, well run and knowledgeable, and everyone is ready to help in any way they can. They are so accommodating with my schedule. After receiving no answers or help from medical doctors for over two years for my pain and tingling, I have started to feel relief with my back and neck issues after only a couple of months of going there. And it?s actually helped my Hiatal Hernia and Acid Reflux! I highly recommend them!?

Lorena B. also says, ?I had a shoulder injury earlier this year from weightlifting that was really painful and not only prevented me from lifting anything heavy, but also activities of daily living and mom life. Going to True Potential Chiropractic for regular adjustments and massage, coupled with physical therapy was the combination for success! After a few months, I am back to being able to hold my toddler and put on/take off a sports bra without pain (if you know, you know) and lifting more weight in the gym than ever before! Thanks, Dr. Bell, Dr. Mennell, Andrew Waters, LMT and the rest of the amazing team over at True Potential Chiropractic for taking care of me always!?

For more information, visit the chiropractic center?s website. See more about their car accident treatments here: Auto Injury Chiropractor Beaverton.

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For more information about True Potential Chiropractic, contact the company here:True Potential ChiropracticDr. Bryen Bell503-574-4872drbell@tpcportland.com8283 SW Cirrus DriveBldg 15Beaverton OR, 97008

True Potential Chiropractic

True Potential Chiropractic is an award winning wellness center located in Beaverton OR. TPC is able to assist from

prenatal to adults with their pain relief, personal injury and corrective care. Bodywork, stretch and chiropractic therapy is available.

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