



After Struggling with Addiction and Finding Recovery, Man Says God Saved My Life but River Source Helped Me Find It

December 20, 2022

Arizona City, Arizona - December 20, 2022 - PRESSADVANTAGE -

Arizona City, Arizona ? It's often said that "God helps those who help themselves," and in one Arizona man's experience at The River Source, it's true. He left a five-star review on Google praising both God and The River Source.

"God saved my life, but River Source helped me find it," wrote Dru, the former patient.

Whether they're brought to The River Source by God, a caring friend or their own inner desire to change, addicts find a path to real recovery that lasts long after they finish treatment. With The River Source's Reclaim Your Life Program, clients are able to rediscover the best version of themselves and once again live a productive life free of artificial stimulation from drugs or alcohol. Success is made possible by combining traditional and alternative therapies delivered by a highly qualified team of treatment specialists. All care is evidence-based care but takes a holistic approach ? treating the whole person, body, mind and spirit.

This integrative approach is clinically driven but always delivered with kindness, integrity and honesty,

focusing on delivering results based on truly effective care.

Fully accredited and operating five locations in Arizona, The River Source provides the entire continuum of addiction therapy, from detox to residential treatment, followed by a lifetime alumni program for graduates. Its programs include partial hospitalization and intensive outpatient programs. At the heart of the program is The River Source's unique Recovery Guarantee: If someone relapses within a year of graduating from the full continuum of care despite following their treatment plan advice, they may return for treatment at no charge.

The Recovery Guarantee is based on research showing that when a client stays in rehab for the entire prescribed treatment, they are more likely to continue in sobriety after discharge. The guarantee gives clients an incentive to stay in treatment as long as needed.

This is especially important in detox, the preparatory phase that cleanses the body of toxins that have built up during drug or alcohol use. It can be an uncomfortable, painful experience; withdrawal symptoms range from nausea and headaches to muscle cramps, panic attacks and even seizures. Many people find it so stressful they quit. For this reason, it's recommended that detox be monitored by qualified medical experts who can help ease the pain and discomfort. This makes for a safer experience and helps the client feel better so they can stay to the end. The River Source relieves withdrawal symptoms with medications, IV therapy and natural remedies like massage, dry sauna, yoga and meditation.

After detox, the real work begins. Clients move to rehab to begin working on the issues driving their addictions and learn new behaviors to replace their old addictive ones. Key offerings include group, individual and family counseling, with trauma-informed care for clients whose substance abuse may indicate physical or psychic injuries suffered earlier in life. When appropriate, clients also undergo treatment for co-occurring mental health disorders like anxiety and depression, which may be the root cause of addiction.

Treatment at The River Source is 12 Step-focused and emphasizes peer support. The River Source also offers a specialized pregnancy track for expectant mothers.

The final element of holistic care at The River Source is the facility itself. While not luxurious, it is comfortable and creates a nurturing atmosphere where clients can relax and focus on their recovery. They can watch TV in detox and residential areas and have access to fitness equipment, games and recreational activities. In this homelike setting, they feel respected and welcome – which may be one of the most effective tools in addiction therapy.

For information on Arizona's premier drug and alcohol rehab program, visit The River Source or call 866-367-6881.

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For more information about The River Source - Arizona Drug Rehab Program, contact the company here: The River Source - Arizona Drug Rehab Program (480)210-6365 16286 Sunland Gin Rd, Arizona City, AZ 85123

The River Source - Arizona Drug Rehab Program

#1 Alcohol & Drug Rehab Program in Arizona City. Addiction Treatment Center specializes in a full continuum of care across our treatment locations in Arizona.

Website:

https://www.theriversource.org/drug-alcohol-rehab-center-arizona-city-az/?utm_source=OffSite&utm_medium=GM

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