

Toronto Functional Medicine Centre Explains the Importance of IV Therapy in Toronto with Molybdenum

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TORONTO, ON - February 04, 2023 -
Toronto Functional Medicine Centre in Toronto, ON, Canada, has recently released a blog post that explains the importance of IV therapy in Toronto with molybdenum, which is a mineral supplement, just like copper, that they can provide through intravenous (IV) therapy. The article explains that molybdenum is a nutrient that is unique because the human body only needs it in small amounts, but it plays an important role in optimizing many body functions. It?s also a cofactor for enzymes that break down toxins and help with cellular functioning.

Another important role of the trace mineral molybdenum is that it is vital for breaking down sulfites, which can naturally be found in foods or as a preservative. If sulfites accumulate in the body, they may cause an allergic reaction that can include skin problems, diarrhea, and even breathing problems. Trace amounts of molybdenum can be found in the skin, spleen, muscle, and lungs. Research studies have shown that trace amounts of molybdenum can be obtained by eating plant-based food like legumes, leafy greens, nuts, and organ meats. However, the amount of molybdenum in the foods is dependent on how much of the mineral can be found where the plants were grown.

It is also important to note that research studies have found that low levels of molybdenum in the body may result in esophageal cancer, which shows the importance of molybdenum in both dietary and soil needs. Furthermore, molybdenum may also play a vital role in fighting gut-related candida. The problem with candida is that it naturally produces acetaldehyde, which is a toxin that may cause inflammation, lack of energy, and brain fog. And molybdenum supplementation may help the liver in counteracting the effects of acetaldehyde. It is also important to note that the mitochondria in the liver and kidney cells contain sulfite oxidase, which is an enzyme that has molybdenum. This enzyme activates the oxidation of sulfite to sulfate for protein and lipid metabolism, which is a vital process for sulfite detoxification at the cellular level.

There are three possible ways of increasing one?s intake of molybdenum. First is through diet modifications. A study published in the American Journal of Clinical Nutrition has found that absorption of molybdenum is low from soy-based foods. It may be a good idea to consult with a functional medicine practitioner regarding non-soy sources of molybdenum, such as fennel, carrots, yogurt, cod, almonds, oats, and lentil. The second way of getting molybdenum is through oral supplements. However, it is essential to consult with a health practitioner before taking oral supplements because it may reduce the absorption of copper in the body, and it may also cause gout-like symptoms.

The third way to get more molybdenum into the body is through IV therapy. It may be an option if the patient has malabsorption problems. IV therapy bypasses the digestive tract which means that there may only be a low risk of experiencing the side effects that are possible when taking oral supplements. IV drips are provided at the Toronto Functional Medicine Centre that are designed to enhance cellular functioning and address lack of energy.

The Toronto Functional Medicine Centre serves as a functional medicine clinic in Toronto, Ontario, Canada, that is focused on the integrative functional medicine approach combining acupuncture, integrative functional medicine, IV therapy, allopathic medicine, naturopathic medicine, detoxification, and bio-identical hormone treatments, and more. These therapy methods can be used for a broad variety of health issues, such as: hormone imbalances, postmenopausal health issues, acute or chronic health issues, adrenal fatigue, brain health, and more. They may be able to help with: tissue repair, athletic recovery, cellular damage, DNA repair, infertility, chronic fatigue, thyroid conditions, immune function, mineral deficiencies, adrenal function, skin rejuvenation, and more.

Those who would like to know more about IV therapies, such as the trace mineral molybdenum or copper IV therapy in Toronto, can visit the Toronto Functional Medicine Centre website or contact them through the

phone at (416) 968-6961 or by email at info@tfm.care. They are open from 9:00 am to 6:00 pm on Mondays, Wednesdays, and Fridays; from 10:00 am to 5:00 pm on Tuesday and Thursdays; and from 9:00 am to 4:00 pm on alternating Saturdays.

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For more information about Toronto Functional Medicine Centre, contact the company here:Toronto Functional Medicine CentreHeather Claus(416) 968-6961info@tfm.careToronto Functional Medicine Centre55 Avenue Rd 204 AToronto, ON M5R 3L2

Toronto Functional Medicine Centre

Our team of dedicated health and wellness practitioners have a passion for integrative functional and naturopathic medicine healing. We strive to help each patient shift towards balanced, wholesome wellness.

Website: https://torontofunctionalmedicine.com/

Email: info@tfm.care

Phone: (416) 968-6961

