

# Center For Aesthetics Provides Safe, Fat-Burning Coolsculpting in Idaho Falls

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Idaho based, Center for Aesthetics is pleased to introduce Coolsculpting to more people in Idaho Falls and surrounding areas. Center for Aesthetics uses state-of-the-art technology to provide a wide range of non-surgical aesthetic treatment options tailored to its patients' personal needs and preferences.

Dr. Catherine Durboraw, MD, says, "Aging and metabolism changes can have a rough effect on our bodies. You might find parts of your body that used to be slim and toned are now wiggling and wobbling, and you might not like them. As much as you might exercise and diet, sometimes it's not enough to deal with these extra bits of fat in our bodies. As a doctor, I have had the privilege every day to meet with so many beautiful and fit people in my practice. I know how much time and care they spend on their diet and exercise regimens, and it turns out that it is never enough. When you have absolutely tried everything else, there is CoolSculpting? A Revolution In Fat Removal.?"

CoolSculpting is the world's leading non-invasive fat removal treatment. Also known as cryolipolysis, it is a cosmetic treatment that removes excess fat in stubborn areas by freezing fat cells, killing and breaking them down in the process. Being a non-invasive procedure, it does not involve cuts, anesthesia, or instruments entering the body. Due to its non-invasive nature, it can be a safer alternative to traditional fat reduction methods.

As with other forms of cryolipolysis, the FDA-approved medical procedure uses freezing temperatures to break down fat cells. Since fat cells are more affected by cold temperatures than other cells, cryolipolysis can safely damage and break down fat cells without affecting other cells, such as the skin or underlying tissue.

During the procedure, the cold temperatures numb the site, and some people report feeling a cooling sensation. According to the Center for Aesthetics, most CoolSculpting procedures only between 35 to 60 minutes, depending on the area a person wishes to target. As the procedure is non-invasive and there is no

damage done to the skin or tissue, patients are happy there is no downtime following their CoolSculpting session.

After the procedure, it may take around 4 to 6 months for the frozen and dead fat cells to be naturally processed and leave a person's body. In that time, the area of fat will decrease by an average of 20%. Some people may report some soreness at the site of the procedure, similar to feelings they might have after a workout or minor muscle injury. Others report stinging, firmness, mild discoloration, swelling, and itchiness. However, the trained practitioners at Center for Aesthetics ensure that any discomfort is temporary. Learn more about CoolSculpting at the following link: [CoolSculpting Cool Advantage - The CFA Way](#).

The services provided by Center for Aesthetics Idaho Falls have earned the clinic praise from its clients. Sheena P. says in a 5-Star Google review, "I have been very satisfied with my treatment results, as well as the office and staff. I have been coming for a year and a half now, so I have had every one of the girls do treatments on me. They're all very friendly and good at what they do. I would recommend the Center for Aesthetics to anyone!?"

In another review, Lisa S. writes, "I have been a client of the Center for Aesthetics for at least 15 years. All of its staff, especially Lauren Lyon (she is a master at what she does), are fabulous! I am treated like royalty and pampered each time I come in. The staff focuses on doing what I want with a natural and not artificial look! They also make great suggestions of what I can do to improve and treat my appearance in the best way. I have also used products from there, and I am sure this is one of the other reasons I have beautiful skin. All of the staff are highly medically trained, and I would not trust any other facility in or out of town! Go there! You will be so happy with the results!?"

Those who want to learn more about the full range of treatments offered by the Center for Aesthetics in Idaho Falls should visit the clinic's website for more information. Dr. Catherine Durboraw, MD, encourages interested parties to get in touch with the clinic via email or phone. The Center for Aesthetics can also be reached on Instagram.

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For more information about The Center for Aesthetics Idaho Falls, contact the company here: The Center for Aesthetics Idaho Falls Catherine Durboraw, MD 208-529-8232 [cfabeauty@gmail.com](mailto:cfabeauty@gmail.com) The Center for Aesthetics 2375 E Sunnyside Rd Idaho Falls, ID 83404

**The Center for Aesthetics Idaho Falls**

*Center for Aesthetics in Idaho Falls, ID specializes in non-surgical aesthetic medicine; laser hair removal, CoolSculpting, Botox, Dysport, RHA Dermal Fillers, Hydrafacials, Microneedling, PRP therapy, and other exclusive de-aging protocols.*

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