



## **Pinnacle Peak Recovery Helps Clients Keep Their Job While Recovering from Substance Use**

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Pinnacle Peak Recovery, an alcohol and drug rehab facility in Scottsdale, AZ, has recently released a blog post that explains how to go to rehab without losing one's job. One of the obstacles that people face when considering going into rehab is the stress of whether they will still have a stable income when they leave.

Talking with one's employer about going to rehab can help, but it is important to note that every workplace has its own rules and regulations about substance use and how it can affect one's employment. Before informing one's employer about going to rehab, it is advisable to know one's rights. Such rights are governed by the Family and Medical Leave Act (FMLA) and the Americans with Disabilities Act (ADA). The FMLA is a labor law that protects the job stability of employees when medical leave is required for themselves or a family member. As long as employees meet the criteria for a necessitated leave, they will have job security.

The ADA is a civil rights law that seeks to prevent discrimination in the workplace against people with disabilities. Because of this, people who are actively working to recover from their long-term substance use are covered by the ADA. However, it is important to note that this only applies to those who are actively in

recovery and who are no longer using substances, or those who have successfully completed a recovery treatment program. In the event that the employer discovers an employee's ongoing substance use and takes action on it, the employee can't be covered under the ADA. The ADA will only work for those who are going through recovery and those who have already completed a treatment program.

Meanwhile, it is vital to have an understanding of the proposed treatment program before confirming how long to go on leave. When talking with one's employer, they may be asked to sign a return-to-work agreement to make sure they will return after a specified period of time. This is why it may also be a good idea to ask one's treating physician about the length of stay for rehab.

At Pinnacle Peak Recovery, they understand that clients have their own specific thoughts and concerns about their recovery journey. That is why they engage with each client individually and create a specific recovery plan that works for each particular person. They offer inpatient, outpatient, and 12-step options combined with evidence-based treatment plans like CBT or DBT. If one of the goals during recovery is to keep one's job and return to work afterward, they'll be happy to help in achieving that goal.

Founded in 2015, Pinnacle Peak Recovery offers the services of inpatient and intensive outpatient care in Scottsdale, Arizona, that deliver nationally recognized and evidence-based treatment strategies for helping people struggling with drug or alcohol addiction. They always take a holistic and extensive approach to help people overcome their addiction and co-occurring mental health disorders by offering treatment in a safe, supportive, and confidential environment. And they always take a dual-diagnosis treatment approach for their patients.

A spokesperson for Pinnacle Peak Recovery says, "Recovery from drug addiction requires more than just a quick stay at any treatment center; it requires extensive, evidence-based therapy which will allow for a complete lifestyle change. We offer multiple levels of care including medication-assisted treatment (MAT) and detoxification at our new Scottsdale detox center. All of the treatments are designed to help individuals break the cycle of addiction to drugs or alcohol and regain control of their lives."

Those who would like to get more information about the drug and alcohol rehab services provided by Pinnacle Peak Recovery can check out their website or call them at 866-377-4761. They can be contacted 24 hours a day, 7 days a week.

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For more information about Pinnacle Peak Recovery, contact the company here: Pinnacle Peak Recovery Tyler Tisdale 480-750-1200 info@pinnaclepeakrecovery.com 8070 E Morgan Trail Unit 200 Scottsdale, AZ 85258

## **Pinnacle Peak Recovery**

*Pinnacle Peak Recovery is a residential and intensive outpatient addiction treatment facility located in Scottsdale, Arizona. We offer nationally recognized, evidence-based treatment options for those needing drug rehab services.*

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