

# Chiropractic and Massage Therapy Clinic in Beaverton Gets Another Five Star Review

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True Potential Chiropractic, a chiropractic, massage and stretch therapy clinic in Beaverton, OR, is proud to announce that they have received another five star review from a very satisfied customer. When in need of chiropractic massage Beaverton residents can depend on the team at the clinic pride themselves in providing caring consultative approach to patients. They can provide corrective care and pain relief through pre- and post x-ray analysis to monitor progress and correct the problem. They also have licensed massage therapists (LMTs) who provide customized massages by applying a range of techniques to enhance overall health and wellness.

In the five star review, Chet L. said, "Go see them! If you feel like you need something checked out or worked on, just go. You will not regret it. I was involved in a pretty serious crash in July of 2022 where I was hit head on by the other driver. Included on the list of issues this crash caused was some pretty significant damage to my neck and back. I have been going to TPC multiple times a week over the last few months and the progress I have been able to make under their care has been pretty incredible. I had a spot on my neck that felt like a pinched nerve, turns out it was the top rib. One adjustment to that rib and that pain has not returned. I have also had some pain in my shoulder and Dr. Bell did some (funky to me, probably basic to him) move on my shoulder, it popped in a spot I have never felt before and it still blows my mind how much range of motion I have in that shoulder now. And I have even noticed a significant increase in my GI health and haven't had an issue with acid reflux in months. Both doctors are incredible and extremely attentive. The staff there is amazing, and the music selection is always on point. I honestly cannot say enough good things about TPC. If I had more hands, I'd give them 4 thumbs up."

At True Potential Chiropractic they know that a car accident can happen anytime, which is why they are always ready to provide chiropractic services for people suffering the auto accident injuries. When providing care for such injuries, the chiropractic physician will analyze how the accident happened and then determine the areas of the body where there are injuries. Next, the chiropractic doctor will perform adjustments to

ensure that the bones and joints are properly aligned. The chiropractor will not just treat symptoms but also make sure that these symptoms will not return by focusing on the root cause of the injury.

Meanwhile when it comes to massage therapy Beaverton residents can rely on, the LMTs provide a solution-oriented approach that will efficiently address the specific concerns of each patient. These LMTs are experts in rehabilitative deep tissue modalities; employ techniques for restoring and enhancing the range of motion and function; offer in-depth instruction on self care; and coach in session and provide post session homework.

Established in 2013, True Potential Chiropractic provides lifestyle care, particularly for athletes and family members. They are currently known as one of the premier providers of family corrective care in Beaverton and neighboring areas in the Pacific Northwest. Dr. Bryen Bell launched the clinic to provide non-drug solutions for health care. Dr. Bell also set up a fully computerized and advanced corrective care family wellness center in Beaverton after he had moved to the Pacific Northwest in 2013. Their award-winning wellness center specializes in guiding and helping patients in achieving their goal of having better wellness and health. This is achieved by correcting the problem that caused the pain so it doesn't return through prevention and maintenance strategies backed by research and scientific. Dr. Bell's wellness philosophy is founded on the six laws of the human body: alignment, rest, diet, mindset, stress management, and exercise.

When searching for massage therapy Beaverton residents can rely on, people can visit the True Potential Chiropractic website or contact them through the phone or via email. They are open from 9:00 am to 6:00 pm Tuesdays, Wednesdays, and Thursdays.

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## **True Potential Chiropractic**

*True Potential Chiropractic is an award winning wellness center located in Beaverton OR. TPC is able to assist from prenatal to adults with their pain relief, personal injury and corrective care. Bodywork, stretch and chiropractic therapy is available.*

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