



## **Nature's Rise CEO Discusses Breakthrough Discoveries on the Memory-Boosting Benefits of Mushrooms**

*January 27, 2023*

Sacramento, California - January 27, 2023 - PRESSADVANTAGE -

Nature's Rise, the leading provider of medicinal mushrooms for improved cognitive health, has released a statement discussing the latest scientific evidence linking mushroom intake to memory health. Recent studies have shown that taking Lion's Mane, Cordyceps, and Chaga mushrooms may improve short-term memory and cognitive function.

Nature's Rise CEO and founder David Longare shared his enthusiasm around the recent discoveries related to mushrooms' benefits on memory health. He also noted that he looks forward to seeing more findings on the best mushrooms for increasing brain health.

"We are thrilled that the science is starting to catch up with the ancient medicinal practices often highly revered in Chinese Medicine," said David. "It's an honor to be at the forefront of bringing these products and their benefits to consumers."

Nature's Rise was founded to bring natural solutions to natural challenges. Its roots lie in believing that the human body can heal only with the necessary tools. Supplements such as Lion's Mane, Cordyceps, and Chaga mushrooms are nutritional tools Nature's Rise provides to its customers as memory enhancers.

"Nature's Rise is committed to offering holistic, natural alternatives to support people's health," said Longacre. "At Nature's Rise, we strive to give our customers the highest quality product combined with the best customer service experience."

According to Nature's Rise CEO, recent studies have found that Lion's Mane, Cordyceps, and Chaga mushrooms contain neuroprotective compounds, which help protect the brain from damage and improve cognitive function.

"Lion's Mane, in particular," said David, "has been found to promote nerve growth and improve memory and concentration. For example, I was reading one study published in the Journal of Medicinal Food. The study found that consuming Lion's Mane mushroom extract enhanced cognitive function in older adults with mild cognitive impairment. Yet another surprising study published in the Journal of Ethnopharmacology found that Lion's Mane mushroom extract positively affected memory and learning in mice. These studies confirmed that the Lion's Mane Mushroom Benefits by Natures Rise are real and supported by scientific evidence."

The CEO noted that Cordyceps has been used for centuries in traditional Chinese medicine to improve energy levels, stamina, and endurance. David added that a study published in the Journal of Alternative and Complementary Medicine found that Cordyceps sinensis may enhance cognitive function and memory in healthy older adults. Longacre cited another study published in the Journal of Pharmacy and Pharmacology that determined Cordyceps sinensis may have a protective effect on memory and cognitive function in a rat model of Alzheimer's disease.

Chaga mushrooms are reportedly known for their antioxidant properties, which help to protect cells from damage and reduce inflammation. In addition, Nature's Rise CEO noted that Chaga mushrooms have also been shown to benefit memory health in various animal studies.

"Our mission is to empower people to take control of their health by providing natural, sustainable, and effective products," said David Longacre. "We believe mushrooms can play a crucial role in maintaining cognitive health and overall well-being. Recent scientific studies have proved this fact."

Nature's Rise is dedicated to providing its customers with high-quality products that are sustainably sourced and ethically produced. The company's mushroom supplements are carefully tested for purity and potency, ensuring that customers receive only the best quality products.

Nature's Rise believes combining Lion's Mane, Cordyceps, and Chaga mushrooms may offer a comprehensive approach to cognitive health and memory enhancement. These three mushrooms have been traditionally used for centuries and have scientifically proven to have beneficial effects on cognitive function and memory.

For more information on Nature's Rise's mushroom supplements and memory health benefits, please visit [naturesrise.com](https://www.naturesrise.com). Nature's Rise encourages customers to speak with their healthcare providers before starting any new supplement regimen.

###

For more information about Nature's Rise, contact the company here: Nature's Rise David Longacre (866) 443-0966 [sales@naturesrise.com](mailto:sales@naturesrise.com) 1401 21st Street Suite R Sacramento, CA 95811

## **Nature's Rise**

*Nature's Rise is an organic mushroom supplement company for people on an epic journey to physical and mental well-being, health, self-improvement, and brain health. This includes functional mushroom products, as well as other superfoods and nutrients.*

Website: <https://www.naturesrise.com/>

Email: [sales@naturesrise.com](mailto:sales@naturesrise.com)

Phone: (866) 443-0966



# **NATURE'S RISE**