

# **P4L Fitness Celebrates Positive Feedback From Personal Training Clients**

*November 25, 2015*

November 25, 2015 - PRESSADVANTAGE -

Motivating people towards accomplishing their health, fitness and performance goals, P4L Fitness, one of most popular Temecula gyms, is getting great feedback and rave reviews from its clients over social media sites like Yelp, Facebook and more for the professional approach, personal training methods and their results.

P4L Fitness, the Temecula personal training gym, believes that with changing lifestyles, work stress, eating habits and other aspects, people are getting caught up in the race of life but in the midst of it all, personal health and fitness get somewhat ignored. P4L Fitness's motto is to motivate people to strive and accomplish their fitness goals, and then to actually help them accomplish those goals and then go beyond. Working successfully with the same motto, the gym is seeing great reactions from its clients as they are giving excellent feedback and high remarks on Yelp, Facebook, and Google for their personal training methods and results.

According to the reviews, the gym is highly popular among people because of its top-quality professional coaches who create a motivational environment and with their expertise, the high-end fitness equipment, and state-of-art facilities they help people achieve their fitness goals.

Talking about the motivational environment, Christy D., a client of theirs said in her review on Yelp, "My spirits were down, but after sitting down with Josh Hubby for 1.5 hours, talking about a solid program and direction of my journey, I'm excited about life again. Everyone here has smiles on their face and is very positive and encouraging." There are many such reviews on almost every major site where people have rated their approach, facilities and personal training programs very highly.

The gym officials told about the reason the clients are feeling happy with them and said that the gym believes in and creates different training programs for different clients based on their individual needs and requirements. "Whether it is a muscle building regime or the biggest loser program, the professionals at P4L Fitness cater to every client individually, understanding their requirements and then suggest and help them

with the best possible program,? says one of their clients.

Reacting to the overwhelming response they are getting, Josh Hubby, owner of P4L Fitness, said that the credit goes to the team of world-class professional fitness instructors, who work passionately with their clients to help them achieve their goals and of course, to the people who come to them with a will to set new fitness goals every day and then go for it ever so strongly.

For more information, visit: <http://p4lfitness.com> .

###

For more information about P4L Fitness , contact the company here:P4L Fitness Josh Hubby  
951-308-4522

### **P4L Fitness**

Website: <http://p4lfitness.com>

Email: [p4lfitness@gmail.com](mailto:p4lfitness@gmail.com)

Phone: 951-308-4522

*Powered by PressAdvantage.com*