



Muse Treatment Praised for Helping Client Get Sober and Happy

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Los Angeles, California ? A California man says he?s ?sober and happy? because of the drug rehab he completed at Muse Treatment. He wrote a five-star Google review that highly recommends the program.

?Staff is amazing,? wrote Dru, the former client. ?They constantly work with whatever issues may arise. They have been super supportive in my recovery and even have accepted my girlfriend and I. Staff genuinely care about us and aren?t just here for a paycheck. Thanks to Muse, I can say that I am sober and happy.?

Muse is a substance abuse treatment program in Southern California that offers comprehensive detox, rehab and aftercare services for those seeking to overcome drug and alcohol addiction. Because each person experiences addiction in their own way, programs are customized for the individual with various therapeutic strategies. The goal is always to help the client discover the unique causes of their addiction and build coping skills to prevent relapse and achieve lasting sobriety.

Located in a comfortably appointed facility in Los Angeles, Muse offers a safe space for recovery, growth and transformation. While outpatient therapy is available and becomes part of the recovery journey, residential care at the beginning of the process has been found to be the most effective. Residential care enables total immersion and focuses on recovery, with immediate help during inevitable struggles and stumbles.

Each person's recovery journey is different. Like any journey, the path to recovery at Muse begins with a thorough medical and psychiatric assessment to understand the client's unique needs and design a treatment plan that fits. If the client is experiencing severe withdrawal symptoms after giving up their substance of abuse, they may need to go through Muse's detox program, which uses a combination of medications and holistic treatments to get through this uncomfortable, often painful, time. But this, too, requires careful medical assessment; not everyone is physically or psychologically ready for this experience.

Clients must also commit to continuing with the rehabilitation stage of treatment after completing detox; without therapy to delve into the conditions that led to addiction, the client is at high risk of relapse after leaving the program.

Rehab at Muse takes a multi-layered approach that includes group and individual therapy to help the client discover the roots of their addiction. It's a supportive, solution-focused process that helps the client build critical skills to live their best life when they leave the safety of therapy.

The rehab phase has two main components: Therapy/Discovery and Relapse Prevention/Education.

In the Therapy/Discovery stage, Muse combines individual therapy sessions with themed group sessions to help the client discover their dependency issues. Treatment specialists use many different therapeutic modalities at this stage.

In the Relapse Prevention/Education phase, the focus is on prevention: helping the client prevent falling back into drug and alcohol use.

After treatment, clients can move into Muse's sober-living facilities, a residence where they can transition to living independently. Men and women live in separate accommodations, which are luxurious and made to feel warm and welcoming – almost like a family home. Residents receive weekly progress reports, attend weekly house meetings, participate in 12 Step-integrated group sessions and engage in many other activities designed to help them return to a fulfilling, productive life. This can be one of the most fragile times for the recovering addict, so the staff at Muse does all they can to support its clients' success.

Anyone seeking comprehensive treatment for alcohol and drug addiction and accompanying mental health disorders can begin the journey to recovery by visiting Muse Treatment or calling 866-634-6111.

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For more information about Muse Treatment, contact the company here: Muse Treatment David Rofofsky (800) 426-1818 info@musetreatment.com 1251 Westwood Blvd, Los Angeles, CA 90024

Muse Treatment

Muse Treatment is the #1 addiction treatment center in Los Angeles, California for alcohol, prescription and drug rehab as well as detox.

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