

## TruPath Recovery Receives Another Top Review for Its Work to Help Clients Overcome Addiction

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Clients are recognizing the high-quality care they receive at TruPath Recovery, which has received a five-star review on Google from a graduate of the drug and alcohol treatment center in Boca Raton, Florida.

TruPath Recovery is a leading nationwide network of treatment centers offering comprehensive therapy for people struggling with drug and alcohol addiction. Services include intervention support, medical detox programs, residential treatment, partial hospitalization programs, intensive outpatient treatment, day treatment programs, aftercare and more. Addiction treatment combines traditional and holistic therapies that work on the whole person, not just the physical addiction. Programs operate in fully accredited facilities and are delivered by a team of highly trained clinicians and therapists. One of the main benefits of inpatient treatment programs, as well as sober living programs, are that people are surrounded by others who are pursuing the same objective, sobriety and a better life.

The foundation of TruPath?s philosophy of care is the belief that addiction is not the result of weak character

or selfishness but is an actual illness that should be treated as compassionately as any other mental health condition. The treatment team and all staff members live TruPath?s four core values: passion for helping their patients; Integrity in following the moral and ethical convictions of the therapeutic community; active support for the personal growth of clients, employees and community; teamwork to make a difference in the organization; empowerment of clients to make positive decisions about drugs and alcohol; and education that provides clients with eh tools they need for success.

Treatment seeks to help clients struggling with dependence on a wide range of substances, including alcohol, antidepressants, benzodiazepine, marijuana and opiates. Treatment covers the entire continuum of care, from drug and alcohol detox to residential and outpatient rehab. Most rehab programs offer those treatments, but TruPath adds a new dimension to conventional addiction treatments like medically assisted detox and behavioral therapy. They are paired with holistic therapy to help clients come to terms with their thoughts and feelings and find new, positive ways of resolving negative emotions.

Therapeutic strategies include 12 Step programs and dual-diagnosis treatment of co-occurring addiction and mental health disorders, which are common in addiction scenarios. Substance abuse may be a symptom of an underlying mental health disorder rather than the primary condition; the addict may be using drugs or alcohol to ?self-medicate? their depression, anxiety or other condition. If only the addiction is managed, relapse is more likely to occur as the unresolved mental illness continues untreated. In these cases, therapists focus on uncovering the root cause of the client?s addiction, helping them find positive ways of coping with both co-occurring disorders.

This is just one aspect of TruPath?s holistic approach to treatment, examining the physical, psychological and emotional factors feeding the client?s addiction and seeking to integrate all three aspects of treatment into one cohesive whole. Holistic treatments include body-mind integration, hypnotherapy, yoga, art therapy, massage therapy, mindfulness meditation, bioenergetic analysis, energy psychology and recreational therapy.

TruPath also offers a unique Executive Treatment program for clients in high-level business leadership positions. Clients in this program can remain connected to colleagues and clients while undergoing residential treatment for alcohol or drug addiction. Some executive clients are even allowed to travel for business, depending on various factors such as their progress in treatment.

TruPath Recovery aims to serve individuals struggling with addiction by empowering them to live their best life without drugs or alcohol. Through comprehensive care, TruPath helps clients learn the tools they need for lasting sobriety. Through community support and encouragement, everyone can overcome addiction and find the road to recovery.

Anyone can find this path to recovery for themselves or their loved ones. To learn more about truly effective treatment of substance abuse disorders and related mental health disorders, visit TruPath Recovery or call 888-292-1933.

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For more information about TruPath, contact the company here:TruPath(561) 48515537000 West Palmetto Park Road, Suite 301Boca Raton, FL 33433https://www.google.com/maps?cid=4000727566601562732

## **TruPath**

#1 addiction treatment center in Boca Raton Florida. Serving the entire US and international clients. World-class accommodations, treatment types and amenities. Alcohol detox, drug detox, alcohol & amp; drug rehab.

Website: https://trupathrecovery.com/

Phone: (561) 4851553



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