



## **Mold Toxicity a Silent Killer: Center for Occupational & Environmental Medicine Warns About the Dangers of Mold**

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The Center for Occupational & Environmental Medicine (COEM), based in North Charleston, SC, warns of the dangers of people getting exposed to mold. They want to stress that mold toxicity is a silent killer and many people are not even aware of it. Tens of millions of Americans are suffering from allergies, asthma or breathing disorders without realizing that these may be due to their exposure to mold.

In the effort to make more people aware of this danger, they have recently posted a video of Dr. Weirs discussing mold toxicity. There are about a half dozen types of mold that are very dangerous, like black mold (Stachybotrys). If the effects of this mold are not treated properly, it can lead to immune system problems, lung disease, neurological disorders like Parkinson's or Alzheimer's, and even gastrointestinal problems. Fortunately, COEM has been successfully treating patients for mold toxicity from various parts of the world since 1978. Their physicians have seen various cases of mold exposure and its toxic effects and they are experienced in providing accurate diagnosis and treatment of mold injuries.

Exposure to toxic mold can cause a number of symptoms, these include: brain fog & memory problems; muscle and joint aches and pains (including cramping); coughing & wheezing; nosebleeds; sinus pain; headaches; fatigue; dizziness; sleep disorders; night sweats; sensitivity to light; difficulties losing weight; skin rashes; diarrhea; nausea; abdominal pain; immune suppression; kidney and lung disease; anxiety & depression; difficulty focusing or finishing a task; disorganization; feeling disconnected, confused, or losing parts of one's personality; nerve pain; and numbness & tingling.

A spokesperson for COEM says, "COEM specializes in Environmental, Functional, and Integrative Medicine" which are all board-certified and evidence-based fields of medicine. Our center is one of the few resources for the practice of Environmental Medicine in the entire country. Our physicians treat patients using a combination of conventional allopathic medicine with holistic medicine treatments using some of the best, scientifically validated therapies available. We take the time to develop and monitor individualized mold treatment plans designed to heal the whole body, not just relieve symptoms."

During mold treatment and diagnosis, they look for biomarkers of exposure to mold through blood, urine, and advanced allergy testing to determine the patient's sensitivity and the type of mold they have been exposed to. Some of the indicators of mold poisoning are the existence of metabolites of the mold and mycotoxins which appear in the body of a person who has had an exposure. Further, they can appear with poor lung function, low white blood cell count, and neurological damage related to exposure to biotoxins. By knowing the type of mold and its effects, the physician will be able to determine the appropriate mold toxicity treatment to provide.

The initial appointment for a new patient includes a lengthy consultation that reviews the patient's life and health history. They will then assess several factors from that history including allergies, infections, stress, toxicity, lifestyle, nutrition, and genetics. At the completion of this appointment, the doctor will discuss the recommended treatment.

Founded in 1978, the COEM offers personalized and preventative treatment for both adult and pediatric patients. They are focused on environmental, functional and integrative medicine, which are all board-certified and evidence-based fields of medicine. Most of their patients have been previously evaluated and treated by various specialists but without getting answers or relief. The COEM physicians are able to provide patients the opportunity to discover the causes of their symptoms and the means for recovering their health because they take the time to craft and monitor personalized treatment plans that are designed to heal the entire body and not just offer relief of symptoms.

Dr. Allan Lieberman, the founder and medical director of COEM, is board certified by the American Board of Environmental Medicine (ABEM) and he is a member of the American Academy of Environmental Medicine.

He has been practicing medicine for 62 years. Dr. William J. Weirs is board certified in emergency medicine, integrative medicine and environmental medicine and has been practicing for more than 20 years. His expertise is in toxicity caused by mold, chemicals, heavy metals, and adverse drug reactions. He focuses on allergy-induced illness, food allergy symptoms and whole body reaction, neutralization-provocatization allergy testing for relief of allergy symptoms, and auto-immune disorders impacted by total body allergic load.

Those interested in learning more about mold toxicity treatments or who want to schedule an appointment can call COEM on the phone or contact them via email. They are open from 8:00 am to 4:00 pm, from Monday to Friday.

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## **Center for Occupational & Environmental Medicine**

*COEM is the premier medical center for the treatment of toxicity from mold, chemicals, heavy metals, and adverse drug reactions for over 45 years.*

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