

# Local Chiropractor Dr. Tony Salamay in Panama City Florida Touts Five-Star Reputation

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Bay Clinic of Chiropractic, a chiropractic clinic in Panama City, FL, wants to highlight their five-star reputation. They have a perfect 5.0 out of 5 stars overall rating on Google after gaining more than 200 reviews. Dr. Tony Salamay DC MS FASA, who heads the chiropractic practice, has treated countless patients in Panama City who are suffering from chronic and acute pain. He also sees many patients from out of state. Some of the most difficult cases he has handled include: chronic pain (including failed back and neck surgery); chronic conditions (inflammation, diabetes, asthma, autism, ADHD, and others); chronic headaches and chronic fatigue syndrome; carpal tunnel; arthritis; fibromyalgia; hormonal imbalances; multiple sclerosis; rheumatism; and many more.

In a recent review, Brenda S. gave the chiropractic clinic five stars and said, "For years, I suffered and dealt with back, hip, and neck pain; I attributed my lower back and hip pain to sitting and working at a desk 8 hours a day, 5-6 days a week and felt the rest of my pain was caused by stress. This pain hindered me from running (which I loved to do); for example, I went from running long distance to only running a mile before I had to stop and walk home - needless to say, I was devastated. [?] This was in Apr 2021. [?] After six months of additional and increased pain, I had enough; I did some research, made the call, and set an appointment and met with Dr. Salamay (Oct 2021). During my initial visit, he was very thorough with his evaluation - he really listened and asked a lot of questions which I appreciated. A few weeks later, I had my first adjustment; as a result, I had the best night sleep in years! To date, I experience some issues due to my daily routines but they are nothing like what I suffered over the years; as a result, Dr. Salamay recommended several stretching exercises to alleviate the pain - these worked! Over the past year, I have become more cognizant of my body, what aches, and what needs to be fixed/adjusted. The highlights of all of this is I can sleep throughout the night and I have started running again! Without hesitation, I highly recommend Bay Clinic of Chiropractic! Dr. Salamay is very professional and the staff is so great and welcoming! My husband now sees Dr. Salamay and is very happy with the results."

Founded in 2010, Bay Clinic of Chiropractic focuses exclusively on a structural approach in providing treatment to patients, in contrast to the "quick fix" that only offers temporary relief. Their primary goal is to find out the root cause of the issue or condition and then develop a plan for the best possible treatment for each specific patient. There are three primary reasons why they are different from other chiropractic clinics in the area. First of all, they focus on the brain-body connection. This is because the brain controls the body and the body provides feedback to the brain. A breakdown in this relationship can result into a health issue. Second, they will focus on the integration of endocrinology, functional neurology, and immunology. And third, they will provide a very comprehensive physical, orthopedic, and neurological exam.

Dr. Salamay earned a BS degree with honors from Logan University, St. Louis in 2004. And he earned his chiropractic degree from the prestigious Life College Chiropractic. He spent four years completing this degree and he is proud to be on the Dean's List before becoming a Doctor of Chiropractic. And in 2010, he graduated cum laude with an MS degree in human nutrition from the University of Bridgeport. He is currently enrolled at the prestigious Carrick Institute of Graduate Studies for a diploma in functional neurology.

When looking for reliable chiropractic care Panama City residents can check out the Bay Clinic of Chiropractic website or contact them on the phone or through email. They are open from 9:00 am to 6:00 pm, from Monday to Friday.

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For more information about Bay Clinic of Chiropractic, contact the company here: Bay Clinic of Chiropractic Dr. Tony Salamay (850) 785-9372 info@thebaydoctor.com Bay Clinic of Chiropractic 520 N MacArthur Ave Panama City, Florida 32401

## Bay Clinic of Chiropractic

*Dr. Tony Salamay of Bay Clinic of Chiropractic, located in Panama City, Florida, is focused on improving your health and physical well-being by laying stress on the brain-body connection.*

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