



## **After Jail Time and a Relapse Man Says Muse Treatment Became My Family and Gave Him His Life Back**

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Reaching sobriety is rarely a one-try victory; for many, it takes several attempts before they put substance abuse behind them. One man who stuck with it and kept trying finally found success. He gave Muse Treatment credit in a five-star review on Google.

"I called this place when I was fresh out of jail and they got me on a flight the next day," wrote Kyle, the grateful client. "They picked me up at the airport and from there started my recovery journey. I spent seven months with them before trying it on my own back home. Lasted a month and relapsed and Jose called me every day for a week until I said I was coming back. I've been down here ever since."

Staff at the Los Angeles drug and alcohol treatment center often receive high marks from clients, who consistently praise their unique combination of compassion and skill. Each client works with a team of specialists who design a treatment program customized to meet the client's specific mental and physical

needs. Treatment is delivered by a variety of medical professionals, behavioral health specialists, experts in addiction treatment and fully licensed and credentialed therapists. All are focused on one thing: helping their client achieve sobriety during treatment and sustain it long after leaving Muse.

Muse offers the full continuum of care for substance abuse disorders involving alcohol and drugs, including dual-diagnosis treatment for clients struggling with mental health issues such as depression, anxiety, post-traumatic stress disorder and bipolar disorder.

Therapeutic protocols include medication-assisted treatment (MAT), which can ease the detox and post-withdrawal experience for various addictions, from opioids and anxiety medications to pain management and ADHD. Many effective, medically prescribed pharmaceutical drugs are available during and beyond recovery to help clients live free of substance abuse.

Treatment is provided in a four-step journey that begins with the team forming the individualized treatment plan. Specialists take a multidisciplinary, integrated approach using several treatment modalities, such as short- and long-term goal setting, educational interventions, awareness building, sponsorship and community support.

The next phase, rehab, is usually provided in a residential setting but may take place on an outpatient basis if the client cannot leave their family, job or other responsibilities for an extended period. Treatment combines therapy, 12 Step integration, and case management to help the client with job or education skills beyond rehab. With their team, the client explores the issues that drive their addiction. They may undergo a significant behavioral shift in learning to form healthy interpersonal relationships, set and achieve goals and take charge of their lives with positive lifestyle choices.

Rehab will end at some point but eventually, the client must return to daily life. Muse's aftercare phase gives them the tools they will need upon discharge. This phase helps them live a positive, productive life by offering the support that is so important in sustaining sobriety. The rehab team uses previous treatment plans and daily contact with the client to create a dynamic, constantly evolving plan for aftercare. As a result, the client remains in charge of their own recovery, which strengthens their ability to succeed.

For Kyle, the support and encouragement he received at Muse Treatment made the difference in his success.

"This place gave me the life I needed to be in my daughter's life," he concluded in his review. "When my family bailed on me, Muse became my family!"

Anyone seeking comprehensive treatment for alcohol or drug dependence can visit Muse Treatment or call

866-634-6111.

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For more information about Muse Treatment, contact the company here: Muse Treatment David Rofofsky (800) 426-1818 info@musetreatment.com 1251 Westwood Blvd, Los Angeles, CA 90024

## **Muse Treatment**

*Muse Treatment is the #1 addiction treatment center in Los Angeles, California for alcohol, prescription and drug rehab as well as detox.*

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