Serenity Lane Releases Educational Blog on Alcohol Withdrawal

March 07, 2023

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Serenity Lane in Eugene, Oregon has published a blog post that discusses what to expect during alcohol detox. With over 60% of Oregon?s adults admitting to drinking regularly, the search for high-quality alcohol detox centers is on the rise. Alcohol is a substance that primarily affects the body?s central nervous system. The body quickly adapts to the presence of alcohol, so when alcohol is removed from a person?s routine or lifestyle after it has been used regularly, the body tries to rapidly adapt to its absence. This can cause withdrawal symptoms. Withdrawal is a large reason why alcohol detox is needed.

Alcohol withdrawal can impact many areas of the body including the liver, digestive system, and heart. It can also cause anxiety or depression in some people. In rare and extreme cases, alcohol withdrawal can lead to seizures or hallucinations. This is why alcohol detox is so important ? it allows the patient to be safely monitored for any dangerous side effects. Some of the physical side effects that come along with withdrawal include nausea or vomiting, dilated pupils, body tremors, seizures, clammy hands and sweating, headaches, insomnia, and more.

Symptoms of alcohol withdrawal can appear as early as 6 hours after someone?s last drink. Most withdrawal

symptoms will go away after 72 hours, but some may persist for weeks or even months. The length of time someone experiences withdrawal depends on factors like age, length of alcohol use, metabolism, and whether or not someone is able to receive medical assistance during this time.

Medication is typically used during alcohol withdrawal and detox because it can prevent cravings and subdue withdrawal symptoms. This allows patients to focus on their healing instead of the extreme discomfort that comes with withdrawal. Benzodiazepines are the most common medication used in alcohol detox.

Serenity Lane offers a high-quality detox program to help people with their withdrawal symptoms. Their trained and licensed staff is equipped to handle complications such as seizures, and they are skilled at preventing further complications. After detox (which usually lasts around 3 days), the clinicians at Serenity Lane will meet with the patient to discuss the next steps. Serenity Lane offers both inpatient and outpatient treatment for alcohol use disorder, so clients can choose a path that works best for them.

Serenity Lane has been helping people overcome substance and alcohol use disorders since 1973. All of the programs they offer have been accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). They have introduced many new programs in Oregon, such as residential step-down and outpatient programs that integrate residential and outpatient services. They have also been the provider of the only Addiction Counselor Training Program in Oregon. Some of their graduates are now offering their services through several treatment programs throughout the country.

People who would like to know more about the addiction treatment services available through Serenity Lane of Eugene, Oregon can check out their website. They are open from 8:00 am to 5:00 pm, from Sunday to Saturday.

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For more information about Serenity Lane Intensive Outpatient Services, Eugene, contact the company here:Serenity Lane Intensive Outpatient Services, EugeneStephanie Edwards541-485-1577info@serenitylane.org4211 West 11th AvenueEugene, OR 97402

Serenity Lane Intensive Outpatient Services, Eugene

Serenity Lane was established as a private, non-profit addiction treatment center for alcoholism and drug use in 1973. We have programs throughout Oregon and Southwest Washington. We believe that recovery from addiction is possible.

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