Client Praises Novo Detox for Giving Her So Much Support During Treatment

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No one makes it through drug rehab alone; support from family, friends and medical professionals is critical to the recovering addict?s success. One woman was so grateful for the support she received from the team at Novo Detox, she left a five-star review on Google.

?I loved the staff there,? wrote Irene, the former client. ?Would recommend this place to anyone. You receive so much support.?

The treatment specialists at Novo Detox are among many well-regarded aspects of treatment at the luxury rehab located in the upscale Bel-Aire section of Los Angeles. Highly trained and experienced in addiction treatment and various forms of behavioral therapy, they bring a strong sense of commitment to their work.

Novo is part of a nationwide network of addiction treatment centers that provide all levels of care, from detox to residential/inpatient rehab and continuing to outpatient treatment and aftercare. It?s earning high marks with outstanding professional expertise, cutting-edge science, proven detox medicines, holistic therapies and efficiency ? without sacrificing any aspect of clients? comfort, dignity or sense of self.

Treatment at Novo is unique among addiction programs. Like most other programs, it usually begins with medical detox, when the body is cleansed of toxins built up over years of substance abuse. But Unlike other programs, Novo creates a comfortable detox environment where clients can reach out and communicate with family, friends or colleagues for additional support.

Detox is also custom-designed for each client, rather than being a one-size-fits-all-addicts approach. The plan is designed based on the individual?s bio-genetic metabolic profile. This enables the treatment team to determine which medications will be most effective during detox and post-treatment sobriety by determining how substances are metabolized.

Medication is effective in achieving long-term recovery, but at Novo, it?s just one piece of the treatment picture. Novo combines traditional and alternative treatments, including saltwater therapy, acupuncture, herbology, reflexology, massage, qigong, tai chi, yoga, stretching and meditation.

The holistic approach includes serving nourishing meals to help the body build strength and vitality, with individual nutritional counseling so clients can also make healthy diet choices after treatment. Clients enjoy organic, nutritionally balanced meals that include healthy smoothies and fresh vegetable and fruit juices.

Care at Novo includes clinical assessments and individual therapy sessions. In addition, each client?s primary therapist meets with them at least once a day in detox and twice a week in residential treatment.

Family therapy is another critical component of Novo care. Throughout the client?s stay, the primary therapist contacts the client?s family on a weekly basis, with the client?s permission, and may conduct family sessions during the client?s stay.

Upon the client?s admission, their case manager evaluates their strengths, needs, abilities and preferences ? an assessment known as SNAP ? and creates a treatment plan. The client will meet with the case manager weekly throughout their stay.

Novo offers many luxury touches, knowing that this enhances clients? readiness for recovery. Detox and rehab needn?t be a drab, punishing time, and clients can see that life without drugs or alcohol can be pleasant. Amenities include meals prepared by a private chef; a fully stocked snack bar; a lounge with board games, PlayStation, a smart TV with access to streaming services; and an outside lounge area and swimming pool. Clients can attend fitness classes, and those with young children can FaceTime them to stay connected. In addition, staff make a weekly shop trip to local stores to purchase extra comfort items requested by the clients (paid for by the clients.)

Novo Detox is fully accredited by three top agencies: the Joint Commission, a non-profit organization that certifies more than 22,000 U.S. health care organizations and programs; the California Department of Health Care Services; and the Substance Abuse and Mental Health Services Administration, within the U.S. Department of Health and Human Services. For help with drug or alcohol addiction for yourself or a loved one, visit Novo Detox or call 844-834-1777.

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For more information about Novo Detox, contact the company here:Novo Detox(310) 7429350Novo Detox11346 Thurston Pl, Los Angeles, CA 90049(310) 7429350https://www.google.com/maps?cid=11694349292095226766

Novo Detox

Novo Detox is the #1 addiction treatment center in Los Angeles. Residential and outpatient for substance abuse disorders. Alcohol detox, rehab, drug detox and rehab.

Website: https://novodetox.com/

Phone: (310) 7429350

