



Chartered Physiotherapists in Sport and Exercise Medicine Now Available in Australia

March 28, 2023

March 28, 2023 - PRESSADVANTAGE -

cpsem.org - Chartered Physiotherapists in Sport and Exercise Medicine has officially launched in Australia. With a team of highly qualified and experienced physiotherapists, CPSEM specialises in treating and rehabilitating sports injuries and musculoskeletal conditions. They provide personalised and evidence-based physiotherapy services to help clients achieve their goals and maintain an active and healthy lifestyle.

CPSEM is a Clinical interest group of the Irish Society of Chartered Physiotherapists. They represent all chartered physiotherapists working in sport and exercise therapy in Ireland and aim to maintain the high standards of care provided by physiotherapists/physical therapists to all clients involved in sports. With their expansion to Australia, CPSEM will continue to provide exceptional care and support to athletes and individuals alike.

According to Jake Browne, Clinical Director of CPSEM, "The team is excited to be expanding the services to Australia. The team of chartered physiotherapists is passionate about helping people recover from injuries and maintain an active lifestyle. CPSEM believes in a holistic approach to care and is committed to promoting healthy living and injury prevention through education and training."

CPSEM offers a range of services to its clients, including physiotherapy assessments, treatments, and rehabilitation programs. They also provide ergonomic assessments, sports massage, and Pilates classes. These services are designed to help clients recover from injuries, manage chronic conditions, and prevent future injuries. The CPSEM team works closely with their clients to develop treatment plans that are effective and achievable, ensuring that clients are able to achieve their goals and maintain an active and healthy lifestyle.

Members of CPSEM are registered with the Health and Care Professions Council (HCPC) and the Chartered Society of Physiotherapy (CSP). They are passionate about their work and are committed to staying up-to-date with the latest research and techniques to provide the best possible care for their clients. The CPSEM team excels in getting people back to sport/fitness in the shortest time possible, no matter what their activity level. They assess and treat a wide range of conditions using physical means, such as manual therapy and therapeutic exercise, to help restore normal movement and function.

Some examples of conditions treated by CPSEM members include sports injuries such as strains, sprains, and tears, overuse injuries, training/technique-related dysfunction, fitness deficits/impairments, neck and back problems, upper and lower limb dysfunctions, movement problems after fractures or orthopedic surgery, joint and muscle pain as a result of arthritic conditions, joint sprains and strains, muscle and tendon injuries, and ligament injuries.

As Jake Browne stated, "At CPSEM, team members are dedicated to providing high-quality care that is tailored to the individual needs of each client. The team believes that prevention is better than cure, and CPSEM is committed to promoting healthy living and injury prevention through education and training. The team is excited to bring the expertise to Australia and looks forward to helping athletes and individuals achieve their goals."

With their expansion to Australia, CPSEM will continue to provide exceptional care and support to athletes and individuals alike. For more information about their services, please contact (02) 9469 9308 or via email at info@cpsem.org

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For more information about Chartered Physiotherapists in Sport and Exercise Medicine, contact the company here: Chartered Physiotherapists in Sport and Exercise Medicine Jake Browne (02) 9469 9308 info@cpsem.org 86 Bowden St, Alexandria New South Wales 2015, Australia

Chartered Physiotherapists in Sport and Exercise Medicine

Chartered Physiotherapists in Sport and Exercise Medicine (CPSEM) is a team of highly qualified and experienced physiotherapists who specialise in treating and rehabilitating sports injuries and musculoskeletal conditions.

Website: <http://cpsem.org/>

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