

Woman Says Resurgence Behavioral Health?s Women?s Program Was the ?Most Transformative? Days of Her Life

April 05, 2023

Costa Mesa, California - April 05, 2023 -

Costa Mesa, California?A former client was so happy with the help she found at Resurgence Behavioral Health, she praised it in a heartfelt five-star review on Google ? including an enthusiastic recommendation for others to seek sobriety there.

Katie, the former client, attended substance abuse treatment at Resurgence?s facility on Balboa Boulevard in Newport Beach, California.

?Resurgence (Balboa) not only saved but changed my life!? Katie wrote. ?I was really hesitant about going to Balboa at first, considering it is an all-women?s program, but those were the best and most transformative 34 days of my entire life.?

Resurgence Behavioral Health is a nationwide group of treatment centers where persons struggling with

substance abuse and mental health disorders find a safe, supportive space to begin or continue their journey to recovery. Clients participate in leading-edge, evidence-based treatment for dependence on alcohol, drugs, prescription painkillers, and medications for various mood and personality disorders. Its programs are customized for each client?s unique needs, including the women?s program that helps participants deal with dependency issues special to women.

All programs are built on four foundational pillars: medical detox, to lessen the harsh effects of drug and alcohol withdrawal; inpatient (residential) treatment, providing focused care and around-the-clock onsite support; outpatient treatment, a transitional phase for inpatient graduates returning to their daily lives or clients who cannot take time away from home and work responsibilities; and aftercare, providing ongoing support after release as long as the client needs it.

Treatment is designed to heal the root causes of addiction in a hopeful, optimistic setting where stress is reduced, and clients discover that life without drugs or alcohol can be a pleasant experience. The facility is furnished and decorated like a home rather than an institution. Meals are prepared by an onsite chef, and residents can enjoy games and an exercise area. In addition, clients are allowed to smoke outside, enjoy TV in their rooms, and are allowed cell phones after a two-week stabilization period.

Katie praised everything from the physical environment to the supportive atmosphere created by the staff and treatment team.

?The case manager, Trish, is absolutely amazing, and she?ll help you out with absolutely anything you need, plus your aftercare plans,? she enthused. ?The staff will become like family to you, and they really do their best to help suit everyone?s needs. I by no means was an easy client, with my strict dietary needs (organic and vegan), but even with that, they did their best to accommodate me. They even would take us to the beach, and the staff would get in the water with us! I?ve never been in a program with such involved staff. They even would let me surf. At nighttime, we?d spend time together making cookies, watching movies, playing games, and I swear it?s been only five months since I?ve left, but I truly miss them every day and the memories we?ve made I will treasure forever.

?There?s some kind of magic at Balboa, I swear,? Katie continued. ?The groups are so in-depth and personal ? you truly have no choice but to get real and vulnerable with yourself and the girls around you. Recovery isn?t for people who just want it but actually do it. And at Balboa, you?ll put in the time and effort to get recovery.?

?Balboa taught me how to be a woman, how to have genuine connections, talk and trust women,? she concluded. ?I will be forever grateful to them. Lauren, Carina, Trish, Kaitlyn, I love you guys. You saved me. You helped me find myself. Don?t hesitate! Just take a leap of faith and dive into this magical place.?

For more information on the treatment of substance use disorder for yourself or a loved one, visit Resurgence Behavioral Health or call 855-458-0050.

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For more information about Resurgence Behavioral Health, contact the company here:Resurgence Behavioral HealthDavid Rofofsky+19498996003info@resurgencebehavioralhealth.com

Resurgence Behavioral Health

We are the #1 addiction treatment center in Costa Mesa California for alcohol & drug rehab as well as detox. From alcoholism treatment to heroin, meth and cocaine as well as prescription drug addiction, we can help.

Website: https://resurgencebehavioralhealth.com/california/costa-mesa/

Email: info@resurgencebehavioralhealth.com

Phone: +19498996003