



Alexandria VA Podiatrist Uses New Saorsa Swift Wart Removal Machine for Plantar Warts Treatment

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District Foot and Ankle, an Alexandria VA-based podiatry practice, is excited to announce their new Saorsa Swift microwave therapy machine to be used for treating plantar warts. Aside from plantar warts, they also offer treatment for: plantar fasciitis, sprains, ankle instability, Achilles tendonitis, ingrown toenails, sports injuries, diabetic foot ulcers, running injuries, bunions, gout, foot and ankle fractures, hammertoes, neuromas, capsulitis, ankle sprains, arch pain, shin splints, arthritis, flatfoot, ganglion cysts, soft tissue masses, plantar fibromas, and more. More about the podiatry practice can be gleaned from their Facebook page at <https://www.facebook.com/districtfootankle/>.

Plantar warts are caused by the human papilloma virus (HPV) just like other kinds of warts. The problem with plantar warts is their location, which is on the soles of the foot. This makes them inconvenient and uncomfortable for the patient because there is pain every time force is exerted on the warts, such as when the patient is standing, walking, or running. The Saorsa Swift machine is used to emit a low dosage of microwave energy that is directed at the wart to rapidly increase its temperature. This results in the activation of the natural immune response, which will then act to eliminate the warts.

The Swift protocol of getting rid of plantar warts will only need three to four treatment sessions with each session lasting for only 5 to 10 minutes, in contrast to the typical one-hour sessions. These sessions are spaced four weeks apart to ensure that the treatment is aligned with the natural immune cycle of the body. The pain experienced by the patient during the treatment session is minimal and is only present while the microwave energy is being directed at a wart, which is only for a few seconds. Most patients have indicated that it felt like an injection or a scratch.

The Swift microwave therapy is regarded as safe first of all because it has been approved by the FDA for use in the US. Second, only a low dosage of microwave energy is applied to the warts. In addition, microwaves have already been in use in medicine for 30 years in various countries throughout the world. It has been used for the treatment of various kinds of cancer, such as breast, liver, kidney, and lung cancer.

The Swift microwave therapy machine also has an in-built sensor that detects if the disposable tip of its applicator has not been changed to a new one, in which case it will not operate. This is to prevent cross-contamination because warts are contagious. The Swift machine has an applicator that is shaped like a pen or a wand, which makes it easy for the podiatrist to accurately direct the microwaves to where they should be. And it is this applicator that is provided with a disposable tip.

The Swift treatment protocol will not cause a cut on the skin, which means that there will no bandages or dressings. The patient will experience no downtime and can immediately get back to normal daily activities after a treatment session.

Founded in 2019 by Dr. Lonny Nodelman, District Foot and Ankle is an independent, modern podiatry practice that combines personalized care with the best of science. Dr. Nodelman established the practice after noting that so many practices have been taken over by large corporations or hospital systems. His goal was to create a practice that would treat patients like people and not just numbers, where they feel comfortable asking questions and requesting for second opinions. Dr. Nodelman earned his medical degree from the New York College of Podiatric Medicine in 2012. He completed his residency at the Cambridge Health Alliance/Harvard Medical School in 2015 and his fellowship in surgery at Harvard Medical School in 2015. He is board certified in foot surgery by the American Board of Foot and Ankle Surgery, and he is a fellow member of the American College of Foot and Ankle Surgeons.

Those who would like to know more about plantar warts treatment can visit the District Foot and Ankle website at <https://districtfootankle.com/> or contact them on the telephone or through email.

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For more information about District Foot and Ankle, contact the company here: District Foot and Ankle Dr. Lonny O. Nodelman 917-344-9133 lonnyn@gmail.com 4875 Eisenhower Avenue, Suite 230, Alexandria VA 22304, USA

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District Foot and Ankle offers comprehensive podiatric medical and surgical care to the residents.

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