Rehab Near Me Offers Vital Information on Dual Diagnosis Treatment

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Rehab Near Me, an online resource for drug and alcohol rehab treatment, has been making a huge push into the mental health space and has now provided essential information on dual diagnosis treatment. Dual diagnosis is when a particular individual is struggling with both addiction and mental health issues at the same time. Since there is a link between mental disorders and substance abuse, dual diagnoses are actually more frequent than most people realize.

It is important to note that for people who are suffering from a mental disorder, psychotherapy is frequently used for treatment. For patients with a co-occurring substance use disorder and addiction, it is important to find a rehab facility that can provide dual diagnosis treatment.

A spokesperson for Rehab Near Me says, ?It?s not easy living with an addiction. You spend most of your time thinking about obtaining and using drugs and you hardly have enough time or energy to do anything else. It drives your life and consumes you. Addiction affects your health, your reputation, your career, and even your relationships. For those with a mental health disorder, this becomes even more difficult to live with. Having either condition is difficult enough. Imagine having to deal with the effects of addiction on top of dealing with the effects of a mental disorder. It?s easy to see how someone with this type of condition could get overwhelmed. This cycle is very difficult to break. That is why they need professional treatment.?

For dual diagnosis, the most appropriate treatment strategy is an integrated approach, where both the mental health issue and the addiction problem are treated simultaneously. Long-term recovery for patients with dual diagnosis will depend on receiving treatment for both conditions by the same rehab treatment provider. For the addiction, treatment strategies may include detox, management of withdrawal symptoms, behavior therapy, and the provision of support groups for long-lasting sobriety. The treatment methods for mental health problems will include medication, self-help methods, individual and group counseling, peer support, and lifestyle changes.

It is important to ascertain that that dual diagnosis treatment program is backed by evidence and is properly accredited and licensed. There should also be an after care program to help the patient avoid relapse.

Meanwhile, rehab programs may vary in duration. Some are 30 days long while others may be 60 days long. Oftentimes, 30 day inpatient addiction programs may be preferred. The 30-day rehab program is usually a good starting point for individuals struggling with an addiction. This is useful particularly for people who are initially disinclined to make a long term commitment and 30 days is a short enough length of time for them. Nevertheless a 30-day rehab program will not be a shortcut. It offers sufficient time for the person to adjust to a sober lifestyle and to think more clearly. This allows them to make good decisions that may even help them want to extend the length of the treatment

Naturally, the 30-day rehab program is less costly compared to the longer-term rehab programs. The cost may range from $400 to $900 per day, which would mean a total of $14,000 to $27,000, depending on the luxury level of the facility and the level of care provided.

Established in 2016, Rehab Near Me aims to provide help to people who are struggling with drug and alcohol abuse by finding the proper, accredited medical treatment option for each individual. They have a team of trained addiction experts who can offer guidance for people who contact them on the phone to talk about the various details of inpatient and outpatient rehab and the right therapeutic strategies to use based on the specific substance abuse issue and the needs of a specific person.

Those who are interested in learning more about the inpatient drug rehab programs, either for themselves or a loved one, can check out the Rehab Near Me website or contact them on the telephone or through email.
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For more information about Rehab Near Me, contact the company here:Rehab Near MeJames Thomas855-227-9535hi@rehabnear.me

Rehab Near Me

Rehab Near Me is a leading addiction treatment placement resource. Helping people find the nearest detox and rehab centers that accept their insurance. Drugs, Alcohol, Prescription Addicton.

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