How Long Does Heroin Stay in Your System: ReVIDA Recovery Explains

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ABINGDON, VA - May 01, 2023 -
ReVIDA® Recovery Abingdon, an addiction rehab facility in Abingdon, VA, has released a blog post titled, ?How Long Does Heroin Stay in Your System.? There are four primary drug testing approaches, and they perform differently when detecting heroin in the blood, urine, saliva, and hair follicle. Heroin is an opioid derived from a natural substance present in the seedpod of a poppy plant. Heroin tends to move quickly through the body and in general, is out of the system in 30 minutes. How long it stays in the system and how its effects are felt by the individual depend on a number of factors including age, diet, weight, other substances in the system, and metabolism.

Blood tests are not very reliable for detecting heroin in the system and they also have the disadvantage of being an invasive testing option. This is because heroin doesn?t stay in the bloodstream long enough for blood tests to be of any help. Saliva tests are also unreliable for detecting heroin in an individual. It has been observed that traces of heroin become undetectable in saliva in just 30 to 60 minutes after the person has taken heroin.

Urine tests are fairly reliable and can detect heroin for up to 7 days after the person has taken heroin. This is

the popular choice when testing for heroin because of the ease in which the test can be done and the length of time that it can detect heroin. But the best test for heroin is the hair follicle test because it is possible to detect heroin in hair follicles for up to 90 days after the individual?s last dose.

Those who use heroin can also experience heroin withdrawal symptoms that usually begin within 8 to 24 hours after the last consumption of heroin. These symptoms may last for four to 10 days and may include nausea and vomiting, cravings, insomnia, hot flashes, increased anxiety, sweating, muscle cramps, runny nose and watery eyes, and diarrhea. These withdrawal symptoms tend to cause people to take heroin again as a way to alleviate the symptoms, but this can cause the cycle of addiction to continue. Those who are managing an addiction are encouraged to contact ReVIDA® Recovery to get the treatment they need.

At ReVIDA® Recovery, their goal is to help people living with an addiction get on the road to recovery and allow them to lead sober lives. For heroin use disorder, they provide evidence-based and high-quality treatment alternatives that include medication-assisted treatment (MAT), Suboxone® (buprenorphine) treatments, inpatient, and outpatient treatments.

Established in 2018, ReVIDA® Recovery is a comprehensive behavioral healthcare company that combines medication-assisted treatment (MAT) with rehab treatment programs for opioid use disorder. They have the goal of enabling each patient to recover from their addiction and return to a fulfilling and healthy life. They make it their main goal to help patients achieve their goals with regards to their health.

Those who are interested in learning more about the addiction treatment services and various details regarding addiction can check out the ReVIDA Recovery® Abingdon website or contact them at 276-445-8922.

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For more information about ReVIDA® Recovery Abingdon, contact the company here:ReVIDA® Recovery AbingdonAlesia Huffman(276) 206-8197generalinfo@revidarecovery.com300 Valley Street NortheastAbingdon VA 24210

ReVIDA® Recovery Abingdon

We are committed to your well-being and building a foundation of trust in you. Every day that you arrive at ReVIDA® Recovery Abingdon, you will see us challenging ourselves to make your experience even better than your last visit.

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